



Course Syllabus

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| Course Code | Course Title | ECTS Credits |
| PSY-390 | Child Psychopathology | 6 |
| Prerequisites | Department | Semester |
| PSY-110, PSY-111, PSY-220A | Social Sciences | Fall, Spring |
| Type of Course | Field | Language of Instruction |
| Elective | Psychology | English |
| Level of Course | Lecturer(s) | Year of Study |
| 1 st Cycle | Dr Xenia Hadjicharalambous | 3 rd |
| Mode of Delivery | Work Placement | Corequisites |
| Face-to-face | N/A | None |

Course Objectives:

The main objectives of the course are to:

- Provide psychology students with an overview of the major psychological disorders of childhood and adolescence, with an emphasis on the characteristics of the disorders, their determinants, and current theoretical formulations, issues, and research.
- Utility in the Curriculum: This class crosses across the “developmental”, “psychopathology” and “clinical psychology” compulsory areas for purposes of EuroPsy recognition.

Learning Outcomes:

After completion of the course students are expected to be able to:

- Classify the basic characteristics of childhood disorders and identify their determinants;
- Discuss current conceptual frameworks for defining and understanding childhood disorders;
- Differentiate approaches to classification, diagnosis, and assessment;

- Discuss conceptual issues associated with the study of childhood disorders;
- Discuss current research findings on various types of child psychopathology;
- Examine research and design issues in the study of child psychopathology;
- Apply implications of knowledge about child psychopathology for prevention and intervention;
- Apply professional ethics in child psychopathology.

Course Content:

1. Foundations of Child Psychopathology
 - Classification systems (categorical vs. dimensional approaches)
2. Research Methods and Designs
 - Epidemiology, family studies, behavioural-genetic approaches, experiments, treatment-outcome studies
 - Longitudinal and cross-sectional designs, etc.
3. Some Selected Psychopathology (for each psychopathology, the following topics will be covered: classification, prevalence, course and outcome, risk factors):
 - Anxiety disorders
 - Depressive disorders
 - Conduct Disorder/Oppositional Defiant Disorder
 - Attention-Deficit/Hyperactivity Disorder
 - Somatoform disorders (e.g., pain)

*If time allows a selection of the following disorders will also be covered:
Eating disorders, Substance use disorders, Autistic disorder, Williams Syndrome, Schizophrenia.
4. Prevention and Intervention of Childhood Psychopathology (with some exercises)
 - Some selected disorders: Anxiety and depressive disorders
 - Discussing some findings of recent treatment-outcome studies

Learning Activities and Teaching Methods:

Interactive Lectures, Practical Exercises

Assessment Methods:

Assignment, Practical Portfolio, Midterm Exam, Final Exam.

Required Textbooks / Readings:

| Title | Author(s) | Publisher | Year | ISBN |
|--|---------------------------------|------------------------------|------|------|
| Abnormal Child and Adolescent Psychology | Wicks-Nelson, R. and Israel, A. | Allyn & Bacon McGraw Hill | 2018 | |

Recommended Textbooks / Readings:

| Title | Author(s) | Publisher | Year | ISBN |
|---|------------------------------------|------------------------------------|------|------------|
| Child and Adolescent Psychopathology: Theoretical and clinical implications | Essau, A. | BrunnerRoutledge: London. | 2006 | |
| Diagnostic and Statistical Manual of Mental Disorders- Text Revision, 5th ed. | American Psychological Association | American Psychological Association | 2000 | 0890420246 |