



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSY-340	Culture and Psychology	6
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
PSY-110, PSY-111	Social Sciences	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Elective	Psychology	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Dr Andreas Anastasiou	2 <sup>nd</sup> - 4 <sup>th</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Co-requisites</b>
Face-to-Face	N/A	None

### Course Objectives:

The main objectives of the course are to:

- Evaluate theories and research pertaining to psychology across cultures
- Discuss ethical guidelines pertaining to diversity
- Analyze different cultures that a professional may work with during employment
- Become sensitive to issues that link psychology and diversity
- Become aware of past and current mistreatments of minorities and methods to improve
- Understand how cross-cultural studies are designed
- Appreciate individual differences in assessment and psychological practice
- Be introduced to the leading researchers' work on the subject matter
- Demonstrate how theory and practice are linked together in cross-cultural work

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Define major concepts within the field of differential psychology and social psychology
2. Explain research and theories pertaining to psychology across cultures
3. Analyze the connection between ethics and cultural difference in the application and research of psychology
4. Identify real life examples of cultural difference that could affect the practice, research and assessment in the area of psychology

5. Identify real life examples where ethnic groups' rights have been overlooked in the greater area of science and social sciences
6. Rank and examine the efforts of major psychological association around the world to make psychology culturally unbiased
7. Evaluate how much cross-cultural research offered in the development of psychology
8. Apply learned material in applied settings
9. Appraise how different cultures could co-exist and appreciate diversity
10. Design their own cross-cultural studies

### **Course Content:**

1. Issues and Concepts in Cross-Cultural Counseling
2. Counselling Specific Populations
3. Skills in Cross-cultural therapy
4. Cross-cultural communication

### **Learning Activities and Teaching Methods:**

Lectures, DVD-Presentations, Practical Exercises, and Assignments.

### **Assessment Methods:**

Student Presentations, Project, Mid-Term, Final Exam, Critical Evaluation of Assigned Journal Articles.

### **Required Textbooks / Readings:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Cultural Psychology	Heine, S.J.	Norton	2008	ISBN 978-0-393-92573-9