



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-336	Correctional Psychology	6
Prerequisites	Department	Semester
PSY-110	Social sciences	Fall
Type of Course	Field	Language of Instruction
Elective	Psychology	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Stavroula Soukara	3 rd
Mode of Delivery	Work Placement	Corequisites
Face to face	N/A	None

Course Objectives:

The main objective of the course is the study of the main trends and developments in correctional psychology, as well as the investigation of principal psychological issues and areas of concern during the incarceration process and the subsequent rehabilitation of offenders. In addition, the course aims to examine the effectiveness of various "therapeutic" methods in prisons, to analyze the distinctive characteristics of "vulnerable" prison population (e.g. underage offenders) and to identify the best practices in addressing their needs.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Appreciate the consequences of incarceration on one's personality
2. Recognize the challenges faced by psychologists working in correctional settings
3. Identify the difficulties faced by prison officers, and the impact their work has on their personality and health
4. Recognize the causes of violent and suicidal behavior in prison, and possible ways to handle such incidents
5. Assess the various strategies on how to handle different categories of offenders / prisoners

6. Understand the various levels of security and the inmate 'cultures' which develop within correctional facilities
7. Appreciate the main differences between male, female, and juvenile incarcerated offenders

Course Content:

1. The Development of Criminal Behavior
2. The Trauma of Incarceration and its Consequences on the Prisoners' Personality and Behavior
3. The Needs of Prison Population (prisoners and prison staff)
4. Violence and Suicide in Prisons
5. The Relationship between Prisoners and Correctional Officers
6. Reintegration and Rehabilitation of Prisoners
7. Therapeutic Interventions in Prison
8. "Gate Fever" and "Cell-Breakage" Syndrome
9. Alternatives to Incarceration
10. Vulnerable Population in Prison
11. Mental Disorders and Prison Life

Learning Activities and Teaching Methods:

Lectures, Discussions, Case Studies

Assessment Methods:

Exams, Assignments

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
The Wiley International Handbook of Correctional Psychology	Devon L. L. Polaschek, Andrew Day, Clive R. Hollin	John Wiley & Sons Ltd.	2019	9781119139683

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Correctional Counseling and Rehabilitation	Emily J. Salisbury & Patricia Van Voorhis	Routledge	2022	9780367406455
Understanding Female Offenders: Psychopathy, Criminal Behavior, Assessment, and Treatment	Jason M. Smith, Carl B. Gacono and Ted B. Cunliffe	Academic Press	2021	9780128233726
The Practice of Correctional Psychology	Marguerite Ternes, Philip R. Magaletta and Marc W. Patry (Eds)	Springer	2019	9783030004514
The Routledge International Handbook of Forensic Psychology in Secure Settings	Jane Ireland, Carol Ireland, Martin Fisher and Neil Gredecki (Eds)	Routledge	2017	9781315673073