



University of Nicosia, Cyprus		
<b>Course Code</b> PSY-331	<b>Course Title</b> Psychology of Sexuality	<b>ECTS Credits</b> 6
<b>Department</b> Social Sciences	<b>Semester</b> Fall	<b>Prerequisites</b> PSY-110, PSY-111
<b>Type of Course</b> Elective	<b>Field</b> Psychology	<b>Language of Instruction</b> English
<b>Level of Course</b> 1st Cycle	<b>Year of Study</b> 3 <sup>rd</sup>	<b>Lecturer(s)</b> Dr Marios Adonis
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> N/A	<b>Co-requisites</b> None
<b>Recommended Optional Programme Components:</b> N/A		

#### **Objectives of the Course:**

Gender and sexual behaviors are studied from social, evolutionary, biological and psychological perspectives. Major topics include the creation and development of gender identities, social and cultural influences on formation and maintenance of gender identity, normative and abnormal sexual behavior, and sexual orientation.

#### **Learning Outcomes:**

After completion of the course students are expected to be able to:

1. Explain problems in sexual functioning, and normative sexual behaviors.
2. Discuss the diversity of human sexuality along many dimensions including age, sexual orientation and identity.
3. Discuss how biology, society, culture, and psychology affect our sexual behavior.
4. To be more comfortable with thinking and talking about sex, both to minimize their own personal anxiety about a tension-causing topic and to become responsible decision makers in this important aspect of their lives.
5. Discuss methods used in research on sexuality, and particularly with problems inherent in some of these methods and read research reports critically and intelligently.

**Course Contents:**

6. Sexuality in Perspective
7. Theoretical Perspectives on Sexuality
8. Sex Research
9. Sexual Anatomy
10. Sex Hormones and Sexual Differentiation
11. The Physiology of Sexual Response
12. Techniques of Arousal and Communication
13. Sexuality and the Life Cycle
14. Attraction, Intimacy, and Love
15. Gender and Sexuality
16. Sexual Orientation
17. Variations in Sexual Behavior
18. Sexual Coercion & Sex for Sale
19. Sexual Disorders and Sex Therapy
20. Sexually Transmitted Diseases

**Learning Activities and Teaching Methods:**

Lectures

**Assessment Methods:**

Mid-term, Final exam.

**Required Textbooks/Reading:**

<b>Authors</b>	<b>Title</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Robert L. Crooks Karla Baur	Our Sexuality	Cengage Learning	2011	0-538-45281-1