



University of Nicosia, Cyprus

Course Code PSY-330	Course Title Psychology of Sexuality	ECTS Credits 6
Department Social Sciences	Semester Fall 2010	Prerequisites PSY-110, PSY-111
Type of Course Elective	Field Psychology	Language of Instruction English
Level of Course 1st Cycle	Year of Study 3rd	Lecturer(s) Marios Adonis
Mode of Delivery face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

Gender and sexual behaviors are studied from social, evolutionary, biological and psychological perspectives. Major topics include the creation and development of gender identities, social and cultural influences on formation and maintenance of gender identity, normative and abnormal sexual behavior, and sexual orientation.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Explain problems in sexual functioning, and normative sexual behaviors.
2. Discuss the diversity of human sexuality along many dimensions including age, sexual orientation and identity.
3. Discuss how biology, society, culture, and psychology affect our sexual behavior.
4. To be more comfortable with thinking and talking about sex, both to minimize their own personal anxiety about a tension-causing topic and to become responsible decision makers in this important aspect of their lives.
5. Discuss methods used in research on sexuality, and particularly with problems inherent in some of these methods and read research reports critically and intelligently.

Course Contents:

1. Sexuality in Perspective
2. Theoretical Perspectives on Sexuality
3. Sex Research
4. Sexual Anatomy
5. Sex Hormones and Sexual Differentiation
6. The Physiology of Sexual Response
7. Techniques of Arousal and Communication
8. Sexuality and the Life Cycle
9. Attraction, Intimacy, and Love
10. Gender and Sexuality
11. Sexual Orientation
12. Variations in Sexual Behavior
13. Sexual Coercion & Sex for Sale
14. Sexual Disorders and Sex Therapy
15. Sexually Transmitted Diseases

Learning Activities and Teaching Methods:

Lectures

Assessment Methods:

Mid-term, Final exam

Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Robert L. Crooks Karla Baur	Our Sexuality	Cengage Learning	2011	0-538-45281-1