



# UNIVERSITY OF NICOSIA

## ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

University of Nicosia, Cyprus		
<b>Course Code</b> PSY-290	<b>Course Title</b> Cognitions and Emotions	<b>ECTS Credits</b> 6
<b>Department</b> Social Sciences	<b>Semester</b> Fall	<b>Prerequisites</b> PSY-110, PSY-111, PSY-260
<b>Type of Course</b> Major Elective	<b>Field</b> Psychology	<b>Language of Instruction</b> English
<b>Level of Course</b> 1 <sup>st</sup> Cycle	<b>Year of Study</b> 2 <sup>nd</sup>	<b>Lecturer(s)</b> Maria M. Hadjimarkou, Ph.D.
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> N/A	<b>Co-requisites</b> None
<b>Recommended Optional Programme Components: N/A</b>		

### Objectives of the Course:

The main objectives of the course are to:

- Study the area of cognition and emotion.
- Become familiar with the historical perspectives and methodological issues concerning research in this field of study.
- Learn about memory processes, thought processes and their integration.

### Learning Outcomes:

After completion of the course students are expected to:

1. Illustrate the major concepts within cognitive psychology.
2. Explain methodological issues regarding research performed within the field of cognitions and emotions.
3. Demonstrate knowledge of key ideas in cognition and emotion.
4. Demonstrate knowledge of key ideas in memory, thought processes and emotional decoding and expression.
5. Illustrate how the areas have developed through history, leading to contemporary perspectives in cognition, in emotion, and to their integration.
6. Critically evaluate how emotion and cognition operate in their own lives (e.g.

autobiographical memory, decoding emotional expressions).

7. Illustrates topics such as face recognition, processing and the decoding of emotional expression.
8. Critically assess topics such as memory processes, amnesia, everyday memory, Flashbulb memory, and the effects of mood.

**Course Contents:**

1. Historical Perspectives
2. Methodological Issues
3. Theories on Cognition and Emotion
4. Basic Emotions
5. Facial Expressions, processing and decoding of emotional expression
6. Memory Processes and the Effects of Mood
7. Unconscious and Conscious Emotional Processes
8. Thinking, Reasoning and Appraisal
9. The Influence of Affective States on Thinking

**Learning Activities and Teaching Methods:**

Lectures, Assignments.

**Assessment Methods:**

Paper, Mid-Term, Final Exam.

**Required Textbooks/Reading:**

Authors	Title	Publisher	Year	ISBN
Dalgleish, T. & Power, M.	Handbook of Cognition and Emotion, 1 /E	Wiley	1999	ISBN-10: 0471978361  ISBN-13: 978- 0471978367