



Course Code	Course Title	ECTS credits
PSY-240	Abnormal Psychology	6
Department	Semester	Prerequisites
Social Sciences	Fall	PSY-110, PSY-111
Type of Course	Field	Language of Instruction
Required	Psychology	English
Level of Course	Year of Study	Lecturer
1 st Cycle	2 nd	Marios Adonis
Mode of Delivery	Work placement	Co-requisites
Face-to-face	N/A	None

Objectives of the Course:

This course focuses on the description of the major mental disorders as defined by the Diagnostic and Statistical Manual of Mental Disorders, (DSM-V). Information covered will be based on scientific/ empirical evidence.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. To have an integrative overview of the field of clinical psychology
2. To have an integrative overview of the field of abnormal psychology and the major psychological problems and disorders.
3. To be familiar with the multiple causes of psychopathology as viewed from a number of different theoretical perspectives.
4. To be familiar with the interplay of biological, social, and psychological factors in mental disorders.
5. To be able to comprehend research in the area of abnormal behavior.
6. To have an understanding of the historic development of abnormal behavior.
7. To have an understanding of the intervention and prevention strategies for psychological disorders.

Course Contents:

1. Abnormal Psychology in Historical Context.
2. Clinical Assessment, Diagnosis, and Research Methods.
3. Anxiety Disorders.
4. Somatoform and Dissociative Disorders.
5. Mood Disorders and Suicide.
6. Eating and Sleep Disorders.
7. Sexual and Gender Identity Disorders.
8. Substance-Related Disorders.
9. Personality Disorders.
10. Schizophrenia and Related Psychotic Disorders

Teaching Methods:

Lectures, Assignments

Assessment Methods:

Midterm
Final Examination
Attendance and Participation

Required Textbooks:

Authors	Title	Publisher	Year	Library Access
Barlow, D.H. Durand, V.M.,	Abnormal Psychology: An Integrative Approach 7th Edition	Cengage	2015	Print Copy Available

Recommended Textbooks:

Authors	Title	Publisher	Year	Library Access
APA	Diagnostic and Statistical Manual of Mental Disorders 5	APA	2013	Print Copy Available