



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-240	Abnormal Psychology	6
Prerequisites	Department	Semester
PSY-110, PSY-111	Social Sciences	Fall
Type of Course	Field	Language of Instruction
Required	Psychology	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Marios Adonis	2 nd
Mode of Delivery	Work Placement	Corequisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- This course focuses on the description of the major mental disorders as defined by the Diagnostic and Statistical Manual of Mental Disorders, (DSM-V). Information covered will be based on scientific/ empirical evidence.

Learning Outcomes:

After completion of the course students are expected to be able:

1. To have an integrative overview of the field of clinical psychology
2. To have an integrative overview of the field of abnormal psychology and the major psychological problems and disorders.
3. To be familiar with the multiple causes of psychopathology as viewed from a number of different theoretical perspectives.
4. To be familiar with the interplay of biological, social, and psychological factors in mental disorders.
5. To be able to comprehend research in the area of abnormal behavior.

6. To have an understanding of the historic development of abnormal behavior.
7. To have an understanding of the intervention and prevention strategies for psychological disorders.

Course Content:

1. Abnormal Psychology in Historical Context.
2. Clinical Assessment, Diagnosis, and Research Methods.
3. Anxiety Disorders.
4. Somatoform and Dissociative Disorders.
5. Mood Disorders and Suicide.
6. Eating and Sleep Disorders.
7. Sexual and Gender Identity Disorders.
8. Substance-Related Disorders.
9. Personality Disorders.
10. Schizophrenia and Related Psychotic Disorders

Learning Activities and Teaching Methods:

Lectures, Assignments

Assessment Methods:

Midterm
Final Examination
Attendance and Participation

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Abnormal Psychology: An Integrative Approach 9 th Edition	Barlow, D. H. Durand, V. M. Hofmann S.G	Cengage Advantage	2023	0357657845

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Diagnostic and Statistical Manual of Mental Disorders-Text Revision 5 th ed (DSM-5-TR)	APA	APA	2022	0890425760