



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-220A	Child and Adolescent Development	6
Prerequisites	Department	Semester
PSY-110	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Psychology	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle		2 nd
Mode of Delivery	Work Placement	Co-requisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Develop an understanding of the physical, social, emotional and intellectual development from infancy to adolescence.
- Introduce the main research methods for studying development and developmental processes
- Explore factors affecting prenatal, perinatal and postnatal development.
- Describe major developmental milestones achieved throughout infancy, childhood and adolescence.
- Discuss major theories of psychosexual, psychosocial, cognitive, emotional and moral development.
- Explore the ever-changing interrelation between the child and the environment.
- Familiarize students with historical and current controversies in the field of developmental psychology.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Explain what is developmental psychology
2. Demonstrate an in-depth understanding of the concept of human development.
3. Describe the methodologies that researchers use in the study of development.
4. Identify and critically evaluate major theories of development, from prenatal development to adolescence
5. Analyze the physical, cognitive and emotional changes and processes during each of the major pre-adult periods: infancy; early childhood; middle childhood; and adolescence
6. Demonstrate familiarity with landmark research studies in the field of developmental psychology

Course Content:

1. The concept of human development
2. Theory and Research in Child Development
3. Genetics, Prenatal Development, and Birth
4. Infancy and Toddlerhood
5. Physical, cognitive and socioemotional development in early childhood
6. Physical, cognitive and socioemotional development in middle childhood
7. Physical, cognitive and socioemotional development in adolescence
8. Multicultural perspectives to child development

Learning Activities and Teaching Methods:

Lectures, Group Work, Discussion

Assessment Methods:

Presentation, Mid-term Exam, Research Paper, Final Exam

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Child and Adolescent Development, 2 nd ed	Woolfolk, A. & Perry, N.E.	Pearson	2021	9780133570434

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Normal Child and Adolescent Development	Gilmore, K. & Meersand, P.	American Psychiatric Association	2014	978-1-58562-996-1