



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-220A	Child and Adolescent Development	6
Prerequisites	Department	Semester
PSY-110	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Psychology	English/Greek
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Maria Georgiou	2 nd
Mode of Delivery	Work Placement	Co-requisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Develop an understanding of the physical, social, emotional and intellectual development from infancy to adolescence.
- Explore factors affecting prenatal, perinatal and postnatal development.
- Describe major developmental milestones achieved throughout childhood and adolescence.
- Discuss major theories of psychosexual, psychosocial, cognitive, emotional and moral development.
- Explore the ever-changing interrelation between the child and the environment.
- Become familiar with historical and current controversies and research methods in developmental psychology.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Explain what is developmental psychology
2. Demonstrate an in-depth understanding of the concept of human development.
3. Describe the methodologies that researchers use in the study of development.
4. Identify and critically evaluate major theories of development throughout the lifespan, from prenatal development to adolescence
5. Analyze the physical, cognitive and emotional changes and processes during each of the major pre-adult periods: infancy (birth to age 2); early childhood (2 to 6 or middle childhood (6 or 7 to 11 or 12); and adolescence (11 or 12 to 19 or 20).
6. Demonstrate familiarity with landmark research studies in the field of developmental psychology

Course Content:

1. The concept of human development
2. Methods for studying human development
3. Biological foundations: heredity, prenatal development and birth
4. Physical, perceptual and motor development through early childhood
5. Language acquisition and cognitive development in early childhood
6. Socioemotional development in infancy and early childhood
7. Physical, cognitive and socioemotional development in middle childhood
8. Physical cognitive and socioemotional development in adolescence

Learning Activities and Teaching Methods:

Lectures, Group Work, Discussion.

Assessment Methods:

Mid-Term, Research Paper, Final Exam.

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Understanding Children's Development (6 th ed)	Smith, P.K., Cowie, H. & Blades, M.	Wiley	2015	978-1-118-77298-0