



Course Code PSY111DL	Course Title General Psychology II	ECTS credits 6
Department Social Sciences	Semester Spring	Prerequisites None
Type of Course Required	Field Psychology	Language of Instruction English
Level of Course Undergraduate	Year of Study 1st	Lecturer Maria M. Hadjimarkou, Ph.D.
Mode of Delivery Distance Learning	Work Placement N/A	

Course Objectives:

The main objective of the course is to introduce the students to the scientific field of psychology, through the study and critical review of the basic principles and theories of the various areas in psychology. The course will mainly focus on topics such as emotion, personality and development throughout the lifespan.

Learning Outcomes:

After completion of the course students are expected to:

1. Develop an understanding about the basic human emotions and motivations
2. Discuss issues of gender, sexuality and biases related to these concepts
3. Review the basic stages of human development and the major developments in each stage
4. Explain the concept of personality, the various theories regarding its development and ways of measuring it
5. Develop and understanding for the relatively new area of health psychology and its importance
6. Review the major types of human psychopathology and treatment methods
7. Explain basic concepts in the area of social psychology

Course Contents:

1. Motivation and Emotion
2. Gender and human sexuality
3. Development: The beginnings of life
4. Development: Adolescence to the end of life
5. Personality
6. Health psychology
7. Psychological disorders
8. Treatment of psychological disorders
9. Social psychology
10. Psychology in a diverse world

Learning Activities and Teaching Methods:

Lectures and Assignments

Assessment Methods:

Attendance and Participation, Exams

Required Text:

Authors	Title	Publisher	Year	ISBN
Robert Feldman	Understanding Psychology	McGraw Hill	2013	978-007-131-4824