



<b>Course Code</b> PSY110DL	<b>Course Title</b> General Psychology I	<b>Credits (ECTS credits)</b> 6
<b>Department</b> Social Sciences	<b>Semester</b> Spring 2014	<b>Prerequisites</b> None
<b>Type of Course</b> Required	<b>Field</b> Psychology	<b>Language of Instruction</b> English
<b>Level of Course</b> Undergraduate	<b>Year of Study</b> 1st	<b>Lecturer</b> Maria M. Hadjimarkou, Ph.D.
<b>Mode of Delivery</b> Distance Learning	<b>Work Placement</b> N/A	<b>Co-requisites</b> None

### Course Objectives:

The main objective of the course is to introduce the students to the scientific field of psychology, through the study and critical review of the basic principles and theories of the various areas in psychology

### Learning Outcomes:

After completion of the course students are expected to:

1. Develop an understanding of the history of psychology
2. Develop an understanding of the major theoretical perspectives and research methods used in psychology
3. Explain how behavior has a biological basis
4. Discuss the mechanism by which we are able to perceive stimuli in our environment such as an image
5. Review the various states of consciousness, focusing on sleep and its various functions
6. Discuss how the process of learning and memory takes place and which are the more important mechanisms that underlie them
7. Discuss various aspects of language and its effects on cognition
8. Explain what intelligence is, how it is defined and what biases are involved in its measurement.

### Course Contents:

1. Introduction to psychology
2. Research methods in psychology
3. The biology of behavior
4. Sensation and perception
5. States of consciousness
6. Learning
7. Memory
8. Cognition and Language
9. Intelligence

**Learning Activities and Teaching Methods:**

Lectures and Assignments

**Assessment Methods:**

Attendance and Participation, Written exams

**Required Text:**

<b>Authors</b>	<b>Title</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Robert Feldman	Understanding Psychology	McGraw Hill	2013	978-007-131-4824