



Course Code PHAR-102	Course Title Development of Personal Skills / Ανάπτυξη Προσωπικών Δεξιοτήτων	Credits (ECTS) 1
Department Life & Health Sciences	Semester Fall	Prerequisites None
Type of Course Required	Field Pharmacy	Language of Instruction Greek/English
Level of Course 1 st Cycle	Year of Study 1 st year	Lecturer Michalis Petrides

Objectives of the Course:

This module is designed to introduce the concept of personal development planning and to enable students to establish their own personal development plan (PDP). This module includes the development of those study and transferable skills required of students on under-graduate courses which also enhance employability in the work place. Students are encouraged to identify their personal strengths and areas for development and set targets to promote both their academic and professional development and develop the resilience needed to achieve their long term goals.

The aims of this module are to enable students to develop personal transferable skills including self management, communication and team work

Learning Outcomes:

Successful students will typically understand be able to:

- Manage their selves during their pharmacy practice
- Work in groups
- Develop oral communication skills
- Develop written communication skills
- information seeking
- Solve problems and face difficult situations
- Apply computer technology to pharmacy
- Critical thinking

Learning Activities and Teaching Methods:

This module will cover the following topics:

- personal skills assessment;
- personal development planning;

- academic writing skills;
- referencing and plagiarism;
- presentation skills;
- using library resources;
- time and stress management;
- group work;
- goal setting;
- learning and memory.

Lectures, class discussion, assignments

Assessment Methods:

Course work

Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
	Notes from the tutor			