



<b>Course Code</b> NURS-123	<b>Course Title</b> Psychology for Nursing	<b>ECTS Credits</b> 3
<b>Prerequisites</b> None	<b>Department</b> Life & Health Sciences	<b>Semester</b> Fall, Spring
<b>Type of Course</b> Required	<b>Field</b> Psychology	<b>Language of Instruction</b> English
<b>Level of Course</b> 1 <sup>st</sup> Cycle	<b>Lecturer(s)</b> Mr Keith Mercer	<b>Year of Study</b> 1 <sup>st</sup>
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> N/A	<b>Co-requisites</b> None

**Objectives of the Course:**

The main objectives of the course are to:

- examine the basic concepts and methods of psychology with special reference to the psychological processes leading to the maintenance of health, and the promotion of the psychological well-being of physically-ill persons

**Learning Outcomes:**

After completion of the course students are expected to be able to:

- Identify the broad background of knowledge and understanding in psychology, including the field's history, research and methods
- Be able to research factors involved in causing, maintaining, contributing to and preventing, quality of life

**Course Contents:**

1. Human development
  2. Motivation
  3. Cognitive processes
  4. Emotion and stress
  5. Human personality
  6. Personality assessment
  7. Social psychology
  8. Abnormal psychology
  9. Psychological therapies
- Cultural psychology

**Learning Activities and Teaching Methods:**

Lectures, assignments, library studies, online searches.

**Assessment Methods:**

Laboratory Practical Sessions, Tests, Final Examination

**Required Textbooks / Reading:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Psychology (Seventh Edition)	Santrock, John W.	McGraw-Hill	2002	978-0-13-200107-6

**Recommended Textbooks / Reading:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Health Psychology	Taylor, S.E.,	McGraw-Hill	2009	007-128360-9
Psychology	<a href="http://www.alleydog.com/">http://www.alleydog.com/</a>	current	Updated monthly	