



Course Code NURS-120	Course Title Care Across the Lifespan (Provision of Care)	ECTS Credits 6
Prerequisites NURS-110	Department Life & Health Sciences	Semester Spring
Type of Course Required	Field Nursing	Language of Instruction English
Level of Course 1 st Cycle	Lecturer(s) Ms. S. Ghobrial	Year of Study 1 st
Mode of Delivery Face-to-face	Work Placement General Wards	Co-requisites NURS-230

Objectives of the Course:

The main objectives of the course are to:

- Introduce students to the concept of nursing care for patients within a family unit; the extended family; the childbearing and the childrearing family.
- Further discuss and begin to apply the interrelationship of the biological, psychological, socio-cultural and spiritual dimensions of the person; human needs life cycle and health to nursing.
- Introduce students to decision making and basic analysis skills and practice those through the use of the nursing process.
- Apply nursing skills and knowledge to promote family function and growth
- Allow students to interact with all family members.

Learning Outcomes:

After completion of the course students are expected to be able to:

- Demonstrate basic decision making and start to analyze information relating to care across the lifespan.
- Identify the level of communication required in nursing different age groups.
- Practice basic skills for family care in a controlled environment.
- Develop an understanding of the evidence-base used in practice.
- Demonstrate basic knowledge of biopsychosocial factors that affect the family.

Course Contents:

- Care across the lifespan: The social history of the modern family; cultural needs; psychological aspects of families. Family Stress, coping and adaptation. Structural-Functional Theory, Developmental Theory, Systems Theory
 - Family Care: Assessing needs and care of the expectant family and the family in childbirth. Care of the mother in labour: ante-partal, intra-partal and post-partal complications. Types of delivery. Care of the newborn; feeding, risks, nutrition
 - Introduction to common childhood infections and acute health problems of children. Introduction to health promotion and injury prevention.
- Psychosocial issues of the family: Introduction to the concepts of stigma. Introduction to mental health issues. Extending practical skills.

Learning Activities and Teaching Methods:

Lectures, Skills Lab Practical Sessions, Tutorials, Enquiry Based Learning.

Assessment Methods:

Laboratory Practical Sessions, Tests, Final Examination

Required Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
The Royal Marsden Hospital Manual of Clinical Nursing Procedures (Student Edition)	Dougherty, L. & Lister, S.	Wiley-Blackwell	2008	9781405182874
Nursing Practice. Hospital and Home	Alexander, M; Fawcett J.N.; Runciman, P.	Churchill Livingstone Elsevier	2006	9780443074578

Recommended Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
Nursing Adults: the practice of caring	Brooker, C. & Nicol, M.	Edinburgh: Mosby	2003	0723431574
The Biological Basis of Nursing: Clinical Observations	Blows T. William	Routledge Taylor & Francis Group	2001	0 415212553
Essential Nursing Skills, 2 nd edition.	Nicol, M; Bavin, C; Bedford-Turner, S; Cronin, P; Rawlings-Anderson, K	Mosby	2004	0723433070

