



UNIVERSITY OF NICOSIA

ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

MUS-355 Music Therapy

Course Code MUS-355	Course Title Music Therapy	ECTC Credits 5
Department Music & Dance	Semester Fall or Spring	Prerequisites None
Type of Course Elective	Field Music Theory	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 3 rd	Lecturer(s) Dr Vasilis Kallis
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course

The main objectives of the course are to:

1. Introduce the students to the essentials of music therapy
2. Familiarize the students with the history and evolution of music therapy
3. Allow students to gain a perspective on the fundamental music therapy treatment processes
4. Familiarize students with selected music therapy topics

Learning Outcomes

After completion of the course students are expected to be able to:

1. Define music therapy
2. Describe current education and training requirements for music therapy practice
3. Distinguish between clinical music therapy practice and other music practitioners
4. Describe the historical origins of the field and profession of music therapy
5. Explain basic elements of human responses to music
6. Describe characteristics and needs of clinical populations commonly served by music therapists
7. Identify the basic elements of music therapy treatment processes
8. Identify basic components of current research methods/practices in the field of music therapy
9. Synthesize course content and learning activities on selected music therapy topics in written format.

Course Contents

- Music therapy as a field
- Clinical music therapy
- Historical origin and development of music therapy
- Human responses to music
- Music therapy treatment processes
- Music therapy topics and learning activities

Learning Activities and Teaching Method

Lectures; Discussion with students; Class Assignments

Assessment Methods

Weekly Assignments, Quizzes, Mid-Term Exam, Final Exam, Project, Class Participation

Required Textbooks/Reading

Authors	Title	Publisher	Year	ISBN
Davis, W., Gfeller, K., & Thaut, M	<i>An introduction to music therapy: Theory and practice (2nd Ed.).</i>	McGraw-Hill	1998	978-0697388605

Recommended Textbooks/Reading

Authors	Title	Publisher	Year	ISBN
Levitin, D	<i>This is your brain on music: The science of a human obsession</i>	Plume.	2006	978-0525949695