



Course Syllabus

Course Code	Course Title	ECTS Credits
MUED-348	Introduction to Music Therapy	6
Prerequisites	Department	Semester
None	Music & Dance	Fall/Spring
Type of Course	Field	Language of Instruction
Music Elective	Music Psychology	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Potheini Vaiouli	3 rd – 4 th
Mode of Delivery	Work Placement	Corequisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Introduce students into the basic music therapy principles and their practical applications when working with all students in the classroom
- Provide prospective music teachers with an in-depth understanding of the what, why, and how music can be used to help students with disabilities in the classroom
- Familiarize students with current models and approaches to music therapy

Learning Outcomes:

After completion of the course students are expected to be able to:

- Know the fundamentals of music therapy
- Comprehend the interplay between music education, special education, and music therapy
- Be familiar with the main categories of disabilities (especially high-incidence disabilities in the classroom)
- Understand different mental health and behavioral issues that music therapy can be used to treat
- Show awareness on clinical applications of music therapy within music educational settings

Course Content:

- What is Music Therapy/ Introduction
- Music Therapy and Music Education
- Contemporary applications in music therapy
- Models and Approaches to Music Therapy I
- Music Therapy strategies and techniques I (song writing)
- Music Therapy strategies and techniques II (improvisation)
- Music Therapy strategies and techniques III (active and passive music listening)
- Music Therapy for mental health
- Music Therapy and developmental disabilities
- Music Therapy and learning disabilities
- Music Therapy case studies
- Course Overview

Learning Activities and Teaching Methods:

Lectures, Group work, Classroom observations, Discussions with class participation, Practical Exercises, Class presentations and Assignments

Assessment Methods:

Final Examination; Mid-term examination; Assignments; Class Attendance; Participation

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
<i>Oxford Handbook of Music Therapy</i>	Edwards J.	Oxford University Press (OUP)	2016	9780199639755
<i>Creative arts and play therapy. Music therapy handbook</i>	Wheeler, B. L. (Ed.).	The Guilford Press.	2015	978-1462529728

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
<i>The role of art and music therapy techniques in the educational system of children with special problems.</i>	Petruta-Maria, C.	Procedia-Social and Behavioral Sciences, 187, 277-282.	2016	
<i>Hidden in plain sight: A music therapist and music educator in a public school district</i>	Smith, J. C.	International Journal of Music Education, 36(2), 182-196.	2018	
<i>Development of communication skills in children with special needs (ADHD): Accentuation of the schoolboy's personality and musical preferences</i>	Erina, I. A., Mychko, E. I., Sorokopud, Y. V., Karabulatova, I. S., & Streltsova, M. A.	Universal Journal of Educational Research, 7(11), 2262-2269.	2019	
<i>Robot-Assisted Intervention for children with special needs: A comparative assessment for autism screening.</i>	Ramirez-Duque, A. A., Bastos, T., Munera, M., Cifuentes, C. A., & Frizera-Neto, A. (2020).	Robotics and Autonomous Systems, 127, 103484.	2020	
<i>Inclusion of children with special needs through music in Arts education programs.</i>	Moreno, D.	In World Conference on Qualitative Research (Vol. 1, pp. 199-201)., October).	2019	
<i>Adolescents and Music Therapy: Contextualized Recommendations for Research and Practice.</i>	McFerran, K. S.	Music Therapy Perspectives, 38(1), 80-88.	2020	