

HRM 225 - Health and Safety

Course Code Credits ECTS Course Title HRM-225 Health & Safety 6 Semester **Prerequisites Department** Management & MIS Fall/Spring None **Language of Instruction Type of Course Field** Concentration **English** Management **Level of Course** Year of Study Lecturer 1st Cycle 2nd Constanti, Panayiotis **Mode of Delivery Work Placement Co-requisites** Face-to-Face None None

Objectives of the Course:

The main objectives of the course are to:

- Create a critical awareness of central concepts in occupational health and safety
- Critically evaluate of the size of the current problem
- Critically appraise issues of regulation
- Examine and implement effective health and safety practices

Learning Outcomes:

- **1.** After completion of the course students should be able to:
- 2. Articulate the general principles of health and safety
- **3.** Identify chemical and physical hazards in the workplace
- **4.** Introduce effective management systems to control and monitor health and safety issues
- **5.** Introduce programmes for employee wellbeing

Course Content:

- Safety and accident prevention
- Health and safety legislation
- The supervisor's role
- The employee's role
- Substance abuse and emotional illness
- Stress, burnout and other potential health problems
- Employee wellness programmes
- Employee violence
- Health and safety off-site
- Corporate health, safety and security programmes

Teaching Methods:

Lectures, Case Studies Analysis and Discussion, Academic/Industry Journals Paper Discussions, In-Class Exercises, and Presentations.

Assessment Methods:

Class activities, Role-Play, Homework, Project, Mid-Term, and Final Exam.

Required Textbook:

| Authors | Title | Publisher | Year | ISBN |
|---------|----------------------------------|-----------|------|---------------|
| HSE | Essentials of Health & Safety at | HSE | 2006 | 9780717661794 |
| | Work | Books | | |

Recommended Textbooks/Reading:

| Authors | Title | Journal | Year | |
|---------------------|---|----------------------|------|---------------------------------------|
| Vickers, I., James, | Understanding small | Policy | 2005 | Vol 26, No |
| P. and Smallbone, | firm responses to | Studies | | 2, June. |
| D. | regulation: the case of | | | pp 149-169 |
| | workplace health and | | | |
| | safety. | | | |
| Morris, D. | How to draw up a health & safety policy | People Management | 2001 | Vol 7, No 10, 17 May. pp 50-51. |