

Course Syllabus

Course Code	Course Title	ECTS Credits	
DANC-437	Ballet VII	6	
Prerequisites	Department	Semester	
DANC-336	Music and Dance	Fall	
Type of Course	Field	Language of Instruction	
Required	Ballet Technique	English	
Level of Course	Lecturer(s)	Year of Study	
1 st Cycle	Christina Patsalidou	4 th	
Mode of Delivery	Work Placement	Corequisites	
Face to Face	N/A	None	

Course Objectives:

The main objectives of the course are to:

- Introduce advanced level ballet vocabulary steps
- Further develop students' acquired technical skills, strength and flexibility
- Prepare students to the execution of movement en pointe
- Learn and discuss the aesthetics of great classical variations

Learning Outcomes:

After completion of the course students are expected to be able to:

- Practice secure posture and correct weight placement while performing advanced level ballet movement sequences at the barre and center
- Perform an increased range of movements with co-ordination of the whole body, well stretched legs and articulated footwork
- Demonstrate a high level of understanding of interpretation and expression coloring the performance of a classical variation
- Illustrate mastery and consistency in performing the ballet vocabulary that is technically challenging while "freeing" the rest of the body and face for an ease of personal expression and performance.



Course Content:

- Advanced ballet vocabulary including multiple turns in open and closed positions
- Advanced Batterie movements
- Pointe Work
- Classical Variations

Learning Activities and Teaching Methods:

Practical demonstration, Intense Practice, So You Think You Can Dance: Ballet Edition activity, research, videos

Assessment Methods:

In class performance, Pointe Work Assessment, Classical Variation Assessment, Applied Technique, So you think you can dance Rubric, Final Exam

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Eight Female Classical Ballet Variations	Nina Danilova	Oxford University Press	2016	0190227095
Collection of Classical Ballet Variations	Valerie Sutton, Gene Vandervoort	Center for Sutton Movement Writing	1983	0914336193
Pointe Work: Ten Reasons- Why and When	Dawn Crouch	Independently Published	2020	979- 8677675614