



Course syllabus

Course Code	Course Title	ECTS Credits
DANC-371	Indian Dance	4
Prerequisites	Department	Semester
None	Dance	Spring
Type of Course	Field	Language of Instruction
Elective	World Dance Forms	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Athina Georgiou	N/A
Mode of Delivery	Work Placement	Co-requisites
Face to face	N/A	N/A

Course Objectives:

The main objectives of the course are to:

1. Introduce students to the basic principles of Bharatanatyam, the Classical Indian Dance of South India.
2. Learn and perform the basic dancing steps.
3. Introduce students to the philosophy and aesthetics from which this dance from which it arose and embodies.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Perform the basic Adavus (dancing steps).
2. Demonstrate the coordination of neck, eye movements and steps.
3. Assimilate and discuss the philosophical background and origins of Bharatanatyam.

Course Content:

1. Adavus (basic dance steps)
2. Neck and eye movements
3. Isolations
4. Hastas (hand positions)

5. Theory: a. Philosophy and History of Bharatanatyam, b. Costumes and Accessories
 6. The difference of the narrative and the abstract-pure part of the dance

Learning Activities and Teaching Methods:

Practical exercise at Studio, supplemented by short lectures and video presentations

Assessment Methods:

In Class Performance and Participation, Assignment / Journal, Practical Midterm Evaluation, Practical Final Examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Indian Classical Dance: Tradition in Transition	Leela Venkataraman, Avinash Pasricha	Roli Books	2002	81-7436-216-9
At Home in the World, Bharata Natyam on the Global Stage	Janet O' Shea	Wesleyan University Press	2007	0-8195-6837-6
Mapping of Space Through Bharatanatyam Sequences	Nrithya Vilasini Smt. Ramya Shankaran	Xlibris Corporation LLC	2019	9781796052343