



## Course syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
DANC-349	Pointe Work II	2
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
DANC-339 Or by placement	Music and Dance	Fall/Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Elective	Composition and Performance	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Christina Patsalidou	3 or 4
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face to face	N/A	None

### Course Objectives:

The main objectives of the course are to:

- Serve as a follow through for students who acquainted the fundamentals of pointe work
- Build up strength and technique through pointe work movement
- Explore aesthetics and dynamics through movement en pointe

### Learning Outcomes:

After completion of the course students are expected to be able to:

- Demonstrate accurate alignment en pointe considering that the pointe shoe is a continuation of the line
- Perform a range of movements en pointe with fluidity and control
- Demonstrate coordination of the whole body while executing movement with increased complexity en pointe
- Perform sections of classical ballet variations en pointe or pointe enchainment

**Course Content:**

- Rises, Releves and Echappes Releves in all positions
- Emboites
- Single leg fondu relevés
- Développés en pointe
- Pirouettes from 5th and 4th, en dedans and en dehors
- Fouettes and Rotations
- Sissonnes fermées relevés
- Soutenu and Chaîné turns
- Pointe Enchainement and sections of classical variations

**Learning Activities and Teaching Methods:**

Practical Demonstration, Visual Aids and Use of Images, Intense Practise and Assignments

**Assessment Methods:**

In Class Performance, Midterm Examination, Final Examination

**Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
The Perfect Pointe Book	Lisa Howell	Independently Published	2019	1797529730
Pointe Work: Ten Reasons- Why and When	Dawn Crouch	Independently Published	2020	979-8677675614