



Course Syllabus

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| Course Code | Course Title | ECTS Credits |
| DANC-341 | Hip Hop I | 4 |
| Prerequisites | Department | Semester |
| None | Music and Dance | Fall |
| Type of Course | Field | Language of Instruction |
| Elective | World Dance Forms | English |
| Level of Course | Lecturer(s) | Year of Study |
| 1 st Cycle | Nefeli Tsiouti | 3 rd |
| Mode of Delivery | Work Placement | Corequisites |
| Face to face | N/A | None |

Course Objectives:

The main objectives of the course are to:

- Be able to identify the dance element of the hip-hop culture (Breaking/Breakdance)
- Understand the musicality and rhythmic notations of hip-hop/funk music
- Learn the basics of the Breaking technique (Toprock, go-downs, freezes)
- Condition their body through Breaking, to have enough body conditioning to not get injured within this new class for the students
- Get an idea of progressive technique in this very physical dance form
- Understand the possibility of combination of contemporary dance with Breaking

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Be able to do Toprock (the standing element of Breaking)
2. Have knowledge of Basic technique of Breaking (Toprock, go-downs, freezes)
3. Be able to combine the Breaking technique with their contemporary dance repertoire
4. Be able to create limitless movement possibilities around given movement patterns

Course Content:

This course covers brief history of Breaking, the dance element of the Hip-hop culture. The students will be asked to learn Toprock, the standing part of Breaking, go-downs (the transitions from standing to the floor), freezes (high physical poses, usually on the floor, basic techniques such as threads, spins, footwork). They will also have to demonstrate a choreography by their teacher, and in addition, to provide a choreography of their own to showcase their creative skills, a very important aspect of Breaking.

Due to the high physicality of Breaking, the course also includes some conditioning exercises prior to the new movements taught, to ensure prevention of injuries in the dancers' bodies.

Learning Activities and Teaching Methods:

Practical Workshops and Lectures

Assessment Methods:

In Class Performance and Participation, Written assignment, Choreography

Required Textbooks / Readings:

| Title | Author(s) | Publisher | Year | ISBN |
|---|----------------|------------------------|------|--|
| The SAGE Encyclopedia of African cultural heritage in North America Chapter Title: "Hip-Hop Dance Formations and the Jazz Continuum" | Moncell Durden | SAGE publications Inc. | 2015 | Print ISBN: 9781452258218 Online ISBN: 9781483346373 DOI: http://dx.doi.org/10.4135/9781483346373.n152 |