

# Course syllabus

Course Code	Course Title	ECTS Credits	
DANC-315	Contemporary Dance V, Technique 3	4	
Prerequisites	Department	Semester	
DANC-214	Music and Dance	Fall	
Type of Course	Field	Language of Instruction	
Required	Contemporary Dance	English	
Level of Course	Lecturer(s)	Year of Study	
1 <sup>st</sup> Cycle	J. Brendle/D. Milovanovic	$3^{\text{rd}}$	
Mode of Delivery	Work Placement	Corequisites	
Face-to-face	N/A	DANC-325	

### **Course Objectives:**

The main objectives of the course are to:

- further develop technical proficiency and expression, drawing on the techniques Graham/Limon/Release
- focus will be given to traveling movements, level changes and longer combinations to experience embodiment of technique and artistic sensitivities
- provide challenges to the dancers to apply dynamics, movement qualities and a high level of personal engagement in a conscious and sophisticated manner.

#### **Learning Outcomes:**

After completion of the course students are expected to be able to:

- 1. Further implement the elements of proper technique, with special emphasis on dynamics and musicality, sensory perception and use of gravity.
- 2. Practice more complex contemporary dance vocabulary, focusing on traveling combinations, levels, suspensions, direction changes, and quick changes.
- 3. Perform complex movement sequences with flow, technical proficiency and personal expression.

#### **Course Content:**

- 1. Alignment and Weight Distribution
- 2. Upper Body Bounces, Curves, Arches



- 3. Plies with Use of the Back and Head
- 4. Warm Up Footwork with Weight Shifts
- 5. Adage/Leg Extensions
- 6. Battements with Varying Back Positions and Rhythm
- 7. Tilts
- 8. Leg Swing Combinations
- 9. Traveling Brushes, Turns and Jumps
- 10. Complex Movement Combinations
- 11. Expression and Musicality
- 12. Performing Dance Sequences

## **Learning Activities and Teaching Methods:**

Studio based movement workshops

#### **Assessment Methods:**

In Class Participation and Performance, Practical Midterm Evaluation, Practical Final Examination

### **Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Attention and Focus in Dance: Enhancing Power, Precision, and Artistry	Guss-West, C.	Human Kinetics	2020	978- 1492594451
Introduction to Modern Dance Techniques	Legg, J.	Princeton Book Company	2011	