



### Course syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
DANC-233	Ballet III	6
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
DANC-132 or by placement	Music and Dance	Fall
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Ballet Technique	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Christina Patsalidou	2 <sup>nd</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face to Face	N/A	None

#### Course Objectives:

The main objectives of the course are to:

- Introduce and practice ballet vocabulary at the intermediate level
- Create an environment to test and improve the students' physical aptitude in ballet technique
- Further develop students' skill and movement quality in ballet technique
- Develop strength and flexibility appropriate to their stage of development
- Execute longer and more complex combinations at the barre and centre

#### Learning Outcomes:

After completion of the course students are expected to be able to:

- Demonstrate an understanding of ballet technique, classroom etiquette, dress and process
- Demonstrate co-ordination of the whole body while executing movement at the intermediate level
- Develop strength and flexibility appropriate to their stage of development
- Understand the use of space, line, placement and musicality
- Perform with more awareness of the rhythms and textures of their musical accompaniment
- Demonstrate dynamic values and movement quality for each sequence taught

**Course Content:**

- Overview of elementary ballet vocabulary and their movement qualities
- Introduction of intermediate vocabulary steps
- Barre sequences focused on rotation and alignment, coordination, control and balance
- Supplemental barre a terre strengthening and stretching activities
- Centre Work including more complex combinations of port de bras, adage and centre practice
- Turning mechanism of single/double endehor and endedan turns
- Petit allegro, allegro and grand allegro vocabulary at the intermediate level

**Learning Activities and Teaching Methods:**

Practical demonstration, Visual aids and Use of Imagery, Intense Practice, Terminology Handouts and Assignments

**Assessment Methods:**

In Class Performance, Applied Technique Examination I & II, Final Jury Examination

**Recommended Textbooks / Readings:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Ballet-The Essential Guide to Technique and Creative Practice	Jennifer Jackson	The Crowood Press	2021	9781785008306
Technical Manual and Dictionary of Classical Ballet	Grant, Gail	BN Publishing	2014	1607963337