



Course syllabus

Course Code	Course Title	ECTS Credits
DANC-230	Contemporary Ballet Ensemble	4
Prerequisites	Department	Semester
DANC-234	Music and Dance	Fall/Spring
Type of Course	Field	Language of Instruction
Elective	Composition and Performance	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Christina Patsalidou	2 nd
Mode of Delivery	Work Placement	Corequisites
Face to Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Experience and perform contemporary ballet vocabulary and movement
- Enhance artistic growth and stage presence
- Familiarize students to rehearsal principles and expectations

Learning Outcomes:

After completion of the course students are expected to be able to:

- Improve ballet technique through a series of warm up and across the floor combinations
- Improve flexibility and strengthen abdominal and lower back muscles as required by ballet technique
- Improve musicality by listening and performing to new sounds besides classical ballet music
- Improve performing abilities required by the ballet technique and aesthetic
- Demonstrate a clear understanding of the proper technical elements of each short-length movement phrase
- Demonstrate an artistic and technical growth through instructor feedback and self-assessment

Course Content:

- Physical exploration of contemporary ballet technique
- Understanding of Choreographic Style and Movement Quality
- Spatial Patterns and Awareness
- Ensemble Skills and Requirements
- Response to Musical Textures and Sounds
- Teamwork/Synchronization
- Partnering Skills and Methods as used in Contemporary Ballet Technique
- Working with Props on Stage
- Multimedia Integration in Dance Making
- Rehearsal Principles and Performance Skills

Learning Activities and Teaching Methods:

Brief Lectures, Physical Exploration through Improvisation Techniques, Video Excerpts, Practical Demonstration, Group Discussions, Ensemble Work, Intense Practice

Assessment Methods:

In Class Performance, Rehearsal and Performance Evaluation Rubrics, Final Examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Performing Process	Emma Meehan Hetty Blades	Intellect	2018	9781783208951
Dance Imagery for Technique and Performance	Eric Franklin	Human Kinetics	2014	9781492577034