



### Course syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
DANC-132	Ballet II	6
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
DANC-131	Music and Dance	Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Ballet Technique	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Julia Brendle	1 <sup>st</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face to Face	N/A	None

#### Course Objectives:

The main objectives of the course are to:

- Build on basic principles of classical ballet technique learned in Ballet I
- Deepen technical skills, knowledge and an appreciation of the ballet technique
- Work on the mechanics of single pirouettes
- Introduce the mechanics of allegro movements appropriate to their level
- Deepen aesthetic sensibilities at a beginning level

#### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Identify and execute ballet vocabulary steps at the beginning/elementary level
2. Demonstrate good mechanics of en dehors and en dedans
3. Demonstrate secure stretched leg extensions and good use of turn out
4. Demonstrate a coordinated turning action with correct use of supporting leg and placement of working leg (single turn)
5. Demonstrate elevation with controlled landings, pointed feet & correct alignment
6. Demonstrate stability and fluidity during adagio sequences
7. Demonstrate good use of space in simple traveling across the floor combination

**Course Content:**

- Placement and alignment including core support and pelvic alignment
- Application of rotation and alignment through barre and center
- Execution of floor barre sequences in order to develop and enhance flexibility and arabesque lines
- Feet articulation through petit allegro steps
- Medium allegro and simple grand allegro combinations
- Transfer of weight and appropriate mechanics for travelling across the floor
- Full body integration and coordinated movement with port de bras

**Learning Activities and Teaching Methods:**

Practical demonstration, Visual aids/Video excerpts, Intense Practice, Floor Barre Sequences, Terminology Handouts and Assignments

**Assessment Methods:**

In Class Performance, Midterm Evaluation, Ballet terminology quizzes, Final Jury Examination

**Recommended Textbooks / Readings:**

Title	Author(s)	Publisher	Year	ISBN
Ballet-The Essential Guide to Technique and Creative Practice	Jennifer Jackson	The Crowood Press	2021	9781785008306
Beginning Ballet with Web Resource	Gayle Kassing	Human Kinetics	2013	9781492576020
Basic Principles of Classical ballet	Agrippina Vaganova	Dover Publications (Kindle Ed)	2012	---
Floor Barre	Alex D'Orsay	Youcanprint SelfPublishing	2018	8892660853