



UNIVERSITY OF NICOSIA

ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

DAN-271 Laban Movement Analysis I

Course Code DAN-271	Course Title Laban Movement Analysis I	ECTS Credits 4
Department Music and Dance	Semester Spring	Prerequisites DAN-111/121, DAN-112/122
Type of Course Major Core	Field Movement Analysis	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 2 nd	Lecturer(s) Lia Haraki
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

This course introduces students to the conceptual basis and principles of Rudolf Laban's system of Movement Analysis through practice, reading and discussion. Identifying and exploring of the individual elements of movement and dance and the way in which they are connected in motion is a main focus, as well as applying LMA to everyday movement, performance, choreography and dance pedagogy.

Learning Outcomes:

After the completion of the course students are expected to be able to:

1. Analyze dance and human movement behavior patterns intrinsically and conceptually.
2. Observe and identify the constituent elements of movement and dance through the system of Laban Movement Analysis.
3. Apply to the principles of Laban Movement Analysis to performance, choreography and dance pedagogy.

Course Contents:

1. Laban Movement Analysis: History, Purpose and Development
2. Body
3. Effort
4. Shape
5. Space
6. Relationship
7. Practical Experience of Movement Elements
8. Various Applications of Movement Elements
9. Showing and Reflection

Learning Activities and Teaching Methods:

Studio and Assignments, supplemented by Brief Lectures.

Assessment Methods:

In Class Performance and Participation, Notebook, Assignments, Written/Practical Midterm Evaluation, Practical Final Examination

Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Bartenneff, Irmgard and Lewis, Dori (New Edition)	<u>Body Movement: Coping with the Environment</u>	New York: Routledge	1980	0677055005
Dell, Cecily	<u>A Primer for Movement Description</u>	New York: Dance Notation Bureau	1995	0932582036
A personal notebook for notes and reflections to be brought to each class.				

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Dell, Cecily, Bartenneff, Irmgard and Crow, Aileen (rev.)	<u>Space Harmony</u>	New York: Dance Notation Bureau	1977	0932582125
Preston-Dunlop, Valerie	<u>A Handbook for Dance Education</u>	New York: Dance Notation Bureau	1988	0712108157