



UNIVERSITY OF NICOSIA

ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

DAN-155 Rhythmic Training and Analysis

Course Code DAN-155	Course Title Rhythmic Training and Analysis	ECTS Credits 4
Department Music and Dance	Semester Spring	Prerequisites None
Type of Course Major Core	Field Music/Dance	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 3 rd	Lecturer(s) Alexander Michael and Euripides Dikaos
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

The purpose of this course is to introduce students to the basic principles of musical rhythm and as they apply to dance. Counting, the beat, syncopation, tempo, and phrasing, as well as more complex patterns in movement and music will be covered.

Learning Outcomes:

After the completion of the course students are expected to be able to:

1. Recognize and clap the basic time signatures
2. Count and analyze different basic rhythms.
3. Discern and apply rhythmic concepts to music and dance through various musical and movement exercises.

Course Contents:

1. Musical time from a dancers point of view: the beat
2. Dividing counts qualitatively
3. Speak-singing
4. The 8-count phrase
5. Mixed meters (2's, 4's, 3's, 6's)
6. Making the connection between movement and music
7. Natural sound, Environment, Warming up
8. Syncopation and rhythmic manipulation
9. Metric accents
10. Kinesthetic differences
11. Music notation
12. Body percussion
13. Collaborative final project

Learning Activities and Teaching Methods:

Studio, Lectures, In-class Exercises, Improvisations and Assignments
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Assessment Methods:

In Class Participation and Performance, Quiz (Written), Practical Midterm Examination, Practical Final Examination
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Required Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Kaplan, Robert	<u>Rhythmic Training for Dancers</u>	Champaign, IL: Human Kinetics	2002	0736037802