



UNIVERSITY OF NICOSIA

ΠΑΝΕΠΙΣΤΗΜΙΟ ΛΕΥΚΩΣΙΑΣ

DAN-141 Improvisation I

Course Code DAN-141	Course Title Improvisation I	ECTS Credits 4
Department Music and Dance	Semester Fall	Prerequisites None
Type of Course Major Core	Field Dance Improvisation	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 1 st	Lecturer(s) Lia Haraki
Mode of Delivery Face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

This course explores the fundamental concepts and tools of movement improvisation, as well as some of its applications in performance and choreography. Improvisation is approached as a source of creativity, a way of stimulating the imagination and a performance genre. Through different exercises the mind and body will work together to explore movement possibilities, breaking the boundaries of old movement patterns.

Learning Outcomes:

After the completion of the course students are expected to be able to:

1. Trace and analyze the history and basics of the art of movement improvisation.
2. Collaborate in pairs and groups.
3. Recognize their personal movement tendencies and style and record their movement journeys.
4. Apply basic dance improvisation to choreography and performance.
5. Engage their imagination and creative self.
6. Observe and reflect upon others' work keenly and analytically.

Course Contents:

1. Introduction to Improvisation: The Art of Walking
2. Exploration of Kinesphere
3. Action: Locomotion/Non-locomotion
4. Space: Direction, Carving and Sharing of Space
5. Working with Time
6. Costume/Prop Improvisation
7. Working with Images
8. The Basics of Contact Improvisation: Point of Contact, Counter-balance, Supported Shapes

9. Relationships: Partnering, Mirroring, Call and Response
10. Sound and the Improvising Dancer: Choices and Challenges
11. Group Improvisation: Creative Negotiations
12. Final Showing/Reflection

Learning Activities and Teaching Methods:

Practical Exercises (Studio) and Assignments

Assessment Methods:

In-class Participation and Performance, Notebook, Practical Midterm Evaluation, Practical Final Examination/Showing

Required Textbooks/Reading/Material

A personal notebook to trace movement journey record Notes/reflections in each class

Recommended Textbooks /Reading:

Authors	Title	Publisher	Year	ISBN
Tufnell Miranda, Crickmay, Chris and Vaughan, David	<u>Body Space Image: Notes Toward Improvisation and Performance</u> , 2 nd edition	Hampshire, UK: Dance Books, Ltd.	1993	1852730412
Tufnell Miranda and Crickmay, Chris	<u>A Widening Field: Journeys in Body and Imagination</u> , 2 nd edition	Hampshire, UK: Dance Books, Ltd.	2008	185273096X