



Course Syllabus

Course Code	Course Title	ECTS Credits
NUTR-560	Management Health and Social Policy	7.5
Prerequisites	Department	Semester
None	Life Sciences	Fall
Type of Course	Field	Language of Instruction
Elective	Nutrition and Dietetics	Greek
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr. Froso Hadjilouka Dr. Pinelopi Stavrinou	2 nd
Mode of Delivery	Work Placement	Corequisites
Face to face	N/A	N/A

Course Objectives:

The course aims to study the Management and Organization of Health Services by integrating the healthcare professional into the broader interdisciplinary context in which he/ she is called upon to offer his / her services. The primary goals are to develop professionals capable of:

- Understand Cyprus health strategies based on EU and other countries' directives.
- They are aware of the new Cyprus General Healthcare System.
- Manage and follow best practices in the field of health management.
- Organize their professional time, for optimal collaboration within multidisciplinary teams as team members or leaders with the aim of achieving the best results.

Students will gain detailed insight into their personal choices and those of others related to organization and management processes, focusing on the ability to manage time, prioritize, business development and identify the strategic direction and goals of the organization they work for.

Learning Outcomes:

1. Demonstrate knowledge and application of general management principles and strategies in health-related organizations.
2. Evaluate the performance of an organization, including the quality of its services and/or products, and identify challenges in its internal and external environments.
3. Develop a structured approach to evaluate organizational and management issues

- relevant to their specific occupational interest.
4. Understand the function of the Cyprus General Healthcare System and its implications for clinical dietitians.
 5. Apply critical thinking skills to analyze the role of clinical dietitians within the Cyprus General Healthcare System.
 6. Set specific goals and objectives for managing organizational and management challenges in a healthcare setting.

Course Content:

Topics covered during the course include:

1. General Management Principles
2. Marketing in Health
3. Time management
4. Ethics
5. Interprofessional work
6. Teamwork and leadership
7. National Health Strategies
8. Health care systems in Cyprus
9. Food strategy in EU & Cyprus
10. EU legislative framework for food hygiene and safety
11. International Health Systems
12. National Health System

Learning Activities and Teaching Methods:

Case Studies, Project and Problem Based Learning, Field Trips and Site Visits, Research Projects, Group Discussions and Debates, Practical Laboratory Sessions, Fieldwork and Clinical Placements, Guest Speakers and Industry Experts, Workshops and Seminars, Reflective Journals and Portfolios, Collaborative Projects and Presentations.

Assessment Methods:

Participation, midterm examination, assignments, final examination

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
	abstarct	Current Developments in Nutrition. Supplement, Vol. 6, p881-971. 91p.	2022	2475-2991 789603995517
	Boutari, Chrysoula Mantzoros, Christos S.	Metabolism: Clinical & Experimental; Aug2022, Vol. 133, pN.PAG-N.PAG, 1p	2022	00260495

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Πληροφοριακά Συστήματα Υγείας - Ηλεκτρονικές Υπηρεσίες Υγείας	Αποστολακης Ιωαννης, Βαρλαμης Ηρακλης	Παπαζήσης	2016	9789600232646