



Course Code NURS-410	Course Title Chronic Care (Provision and Management of Care)	ECTS Credits 10
Prerequisites NURS-310	Department Life & Health Sciences	Semester Fall
Type of Course Required	Field Nursing	Language of Instruction English
Level of Course 1 st Cycle	Lecturer(s) Ms Sheila A Davies	Year of Study 4 th
Mode of Delivery Face-to-face	Work Placement Continuing Care	Co-requisites None

Objectives of the Course:

The main objectives of the course are to:

- Cover a broad range of conditions concerning actual and potential health problems of adult patients / clients suffering from chronic and degenerative diseases requiring continuing care in hospital / clinical settings as well as in the community.
- Enable students to develop further knowledge and skills to care for these patients / clients.
- Explore pathogenesis and the causes, signs and symptoms will be discussed and the treatment modalities of these diseases
- Integrate with the principles of nursing to enable the planning of holistic, individualized patient care. Emphasis is on care not cure

Learning Outcomes:

After completion of the course students are expected to be able to:

- Examine the complexity of caring for those with chronic illness with emphasis on degenerative illness.
- Integrate theoretical knowledge from nursing, biological, psychological and social perspective, in order to underpin nursing practice in continuing care.
- Practice with focus on a client/patient centred approach to maintain health across the lifespan and in chronic illness.
- Identify and interpret all appropriate data to provide care
- Examine physiological changes that occur across the life span and apply this knowledge when planning care.
- Use critical thinking when making clinical judgment regarding type of nursing care to be

provided.

- Communicate effectively with other professionals when planning shared care.
- Identify ethical issues and their impact on care.
- Analyse the application of nursing research as a basis for nursing practice and demonstrate commitment to the value of caring, competence and life long learning.

Course Contents:

- Nursing: Continuing care definitions and principles. Therapeutic Relationships, Evidence based care related to chronic illness and continuing care: mobility, continence, feeding, and hydration, Care of those with a variety of chronic illness e.g. diabetes mellitus, CVA, Cognitive impairment brain disorders, end stage renal failure, respiratory conditions (CPOD). Dementia, nursing those with cancer.
- Communication: Communication challenges within multidisciplinary team, Communication with dying and the bereaved.
- Biological Perspectives: Biological basis of problem and care of clients with CVA, overview of degenerative brain disorders, the nature of cancer; radiotherapy and chemotherapy, chronic pain and related pharmacology.
- Psychosocial Perspectives: Adaptation to chronic illness. Continuing care and Mental health/illness, Culture and the end of life.
- Professional Practice: Compliance and non compliance, Death and dying.

Conferencing: During conferencing the students will be discussing the fundamental knowledge and skills they must develop, with reference to specific examples and as to how this knowledge is applied to practice settings. Care of those with impaired mobility, Evidence based symptom management, Loss associated with life style changes, Care of the dying and palliative care, Managing practice in shared care, Use of informatics in research, Evaluation of care, Health, recreation, education and exercise in continuing care.

Learning Activities and Teaching Methods:

Lectures, tutorials, Evidenced-based learning, assignments, student conferencing, seminars, group work

Assessment Methods:

Laboratory Practical Sessions, Tests, Final Examination

Required Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
Principles of Biomedical Ethics	T. Beauchamp, J. Childress	Oxford: Oxford University Press	2001	
Nursing practice Hospital and Home	M. Alexander, J. Fawcett, B.	Oxford Churchill Living.	2006	

	Runciman	Press		
--	----------	-------	--	--

Recomended Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
Death and Bereavement Across Cultures	C. Murray-Parkes, P. Laungani, B. Young	London: Routledge	1997	
Promoting positive practice in nursing Older People	S.J. Pickering, J.S. Thomson	London Balliere Tindall	1998	