



UNIVERSITY *of* NICOSIA

<b>Course Code</b> NURS-310	<b>Course Title</b> Growing Old in a Caring Community (Provision of Care)	<b>ECTS Credits</b> 9
<b>Prerequisites</b> NURS-220	<b>Department</b> Life & Health Sciences	<b>Semester</b> Fall
<b>Type of Course</b> Required	<b>Field</b> Nursing	<b>Language of Instruction</b> English
<b>Level of Course</b> 1 <sup>st</sup> Cycle	<b>Lecturer(s)</b> Ms. Savoula Ghobrial	<b>Year of Study</b> 3 <sup>rd</sup>
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> Nursing Homes	<b>Co-requisites</b> None

#### Objectives of the Course:

The main objectives of the course are to:

- The student to develop knowledge and adult nursing skills related to the care of the older adult
- To help the student to grow in their knowledge and confidence in adult nursing specialties and continue to understand the boundaries of their own role.
- Integrated theoretical concepts with principles of nursing practice to provide a framework for the delivery of total patient nursing care
- To focus on attainment of psychomotor skills and multiple nursing actions through practice of health promotion and illness prevention (primary, secondary and tertiary) using a body systems approach, multisystem alterations, individual and family psychodynamics, and alterations in mental processing.

#### Learning Outcomes:

After completion of the course students are expected to be able to:

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- Discuss concepts of intergenerational reciprocity, state and informal support for older people.
- Outline the differences between task allocation, patient allocation, team and primary nursing.
- Discuss the implications of the age of carers in institutional and non institutional settings.
- Out line how partnership may contribute to effective care delivery.
- Explore the concepts related to the creation of home in institutional settings.
- Discuss the concepts of rehabilitation and apply these to the care and transfer of care in a

variety of settings for older adult, understanding the roles of carers and family within this process.

- Develop an understanding of roles of the nurse in promoting optimum health for the older adult.
- Understand the bio, psychosocial and spiritual elements in the process of ageing.

#### **Course Contents:**

- Caring skills: The nurses' role in prevention of client/patient abuse, interventions to prevent abuse of vulnerable clients groups, sexuality and abuse – compare the role of the registered nurse with role of the student nurse, biographical approaches to care, working with representatives from other agencies, patient partnership, right and responsibilities (ethical).
- Communication: Interface between differing agencies in care delivery, psychological theory applied to organizations, dealing with conflict/assertiveness techniques, and the psychodynamics of healthy organizations.
- Health studies: Promoting positive health, collaborative practice professional/lay people, and barriers to primary care.

Psychosocial perspectives: Cognitive changes in later life, spirituality, class and age and their impact on health, Institutionalism/relocation, cultural perspectives of the aging population.

#### **Learning Activities and Teaching Methods:**

Lectures, skills demonstrations, tutorials, Evidenced-based learning, laboratory exercises, assignments, student conferencing

#### **Assessment Methods:**

Laboratory Practical Sessions, Tests, Final Examination

#### **Required Textbooks / Reading:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Caring for the Older Adult Holistically	M. A. Anderson	F. A. Davis Company	2007	083616791

#### **Recommended Textbooks / Reading:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Nursing Care of the older adult: Theory & Practice	C. A. Miller	Atlantic	2008	078176233