



Course Code NURS-210	Course Title Psychosocial Context of Health (Provision of Care)	ECTS Credits 9
Prerequisites NURS-123, NURS-120	Department Life & Health Sciences	Semester Fall
Type of Course Requirement	Field Nursing	Language of Instruction English
Level of Course 1 st Cycle	Lecturer(s) Ms Katia Pelides	Year of Study 1 st
Mode of Delivery Face-to-face	Work Placement Primary Care/Community	Co-requisites NURS-216

Objectives of the Course:

The main objectives of the course are to:

- Make students aware of how the environment influences and interacts with health, health care and services. Identify those services that may improve public health.
- Describe what is meant by ‘community’ and community care to nursing and the public. Explain how this links to other health care services and systems.
- Identify the range and nature of professional and other care settings available.
- Relate inequality in health to their local community. Outline the moral and ethical dimensions of maintaining and promoting health.
- Explain perceptions of health and recognize how these perceptions may influence health care choices and outline other ways people may choose to maintain their health.
- Identify the variety of interfaces between acute, community and other services.
- Emphasize the importance of critical thinking in the management of the patient.

Learning Outcomes:

After completion of the course students are expected to be able to:

- Demonstrate knowledge and understanding of an holistic approach to health care for individuals, families, groups and communities.
- Discuss the concept of health, health education and health promotion in a range of settings including the community and the wider public health.
- Discuss the interface between hospital and community health initiatives and identify any areas of development required.

- Demonstrate decision making skills using an appropriate evidence base for practice.

Course Contents:

- Public Health: History of public health, definitions and dimensions of public health; key practitioners in public health. Sexual health: Implications of governmental policies on health, teenage pregnancy, services for sexual health in Cyprus. Drug use and harm reduction. Primary care groups; health education and healthy citizens.
- Health Studies: Health promotion: principles: links with public health provision in institutional context.
- Professional Practice: The Ethics of inequalities in Health. Truth telling and disclosure of information.

Learning Activities and Teaching Methods:

Lectures, Skills Lab Practical Sessions, Tutorials, Enquiry Based Learning.

Assessment Methods:

Laboratory Practical Sessions, Tests, Final Examination

Required Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
The Royal Marsden Hospital Manual of Clinical Nursing Procedures (Student Edition)	Dougherty, L. & Lister, S.	Wiley-Blackwell	2008	9781405182874
Nursing Practice. Hospital and Home	Alexander, M; Fawcett J.N.; Runciman, P.	Churchill Livingstone Elsevier	2006	9780443074578

Recommended Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
Nursing Adults: the practice of caring	Brooker, C. & Nicol, M.	Edinburgh: Mosby	2003	072343157 4
The Biological Basis of Nursing: Clinical Observations	Blows T. William	Routledge Taylor & Francis Group London & New York	2001	0 415212553
Essential Nursing	Nicol, M; Bavin, C;	Mosby	2004	072343307 0

Skills, 2 nd edition.	Bedford-Turner, S; Cronin, P; Rawlings- Anderson, K			
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