



<b>Course Code</b> NURS-115	<b>Course Title</b> Foundations for Nursing (Management of Care)	<b>ECTS Credits</b> 6
<b>Prerequisites</b> None	<b>Department</b> Life & Health Sciences	<b>Semester</b> Fall
<b>Type of Course</b> Required	<b>Field</b> Nursing	<b>Language of Instruction</b> English
<b>Level of Course</b> 1 <sup>st</sup> Cycle	<b>Lecturer(s)</b> Ms Katia Pelides	<b>Year of Study</b> 1 <sup>st</sup>
<b>Mode of Delivery</b> Face-to-face	<b>Work Placement</b> General Wards	<b>Co-requisites</b> NURS-110

## Objectives of the Course:

The main objectives of the course are to:

- Introduce students to the contemporary health care.
- Introduce students to legal/ethical issues in nursing.
- Make students aware of the existence of cultural diversity in the health care field.
- Identify therapeutic and interpersonal skills in nursing practice.
- Introduce students to the nursing process framework.
- Introduce students to professional issues in nursing.

## Learning Outcomes:

After completion of the course students are expected to be able to:

- Identify therapeutic and interpersonal skills in nursing practice.
- Identify basic legal/ethical issues in nursing.
- Identify some diverse cultural issues.
- Identify nurturing, sensitivity, caring, empathy, commitment skills.

## Course Contents:

- Contemporary Health Care: External Forces Shaping Health Care. Introduction to Health Care Delivery Systems. Introduction to Health Promotion, Health Education, Community Health
- Health Policy: Introduction to Cyprus Health System
- Health Care Delivery: Patient Hygiene. Bed Making. Hand washing. Oral Nutrition.

<p>Different approaches to delivery of care.</p> <ul style="list-style-type: none"> <li>• Communication: Verbal and Non-Verbal Communication. Factors that affect communication positively or negatively.</li> <li>• Introduction to Health Informatics: Definition and Purpose</li> <li>• Culture &amp; Diversity: The importance of identifying and respecting cultural diversity in nursing care.</li> </ul> <p>Law &amp; Ethics: Values, Moral Principles, Patient advocacy.</p>
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**Learning Activities and Teaching Methods:**

Lectures, Skills Lab Practical Sessions, Tutorials, Enquiry Based Learning.
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**Assessment Methods:**

Laboratory Practical Sessions, Tests, Final Examination
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**Required Textbooks / Reading:**

Title	Author(s)	Publisher	Year	ISBN
The Royal Marsden Hospital Manual of Clinical Nursing Procedures (Student Edition)	Dougherty, L. & Lister, S.	Wiley-Blackwell	2008	9781405182874
Nursing Practice. Hospital and Home	Alexander, M; Fawcett J.N.; Runciman, P.	Churchill Livingstone Elsevier	2006	9780443074578

**Recommended Textbooks / Reading:**

Title	Author(s)	Publisher	Year	ISBN
Nursing Adults: the practice of caring	Brooker, C. & Nicol, M. (2003)	Edinburgh: Mosby	2003	0 7234 3157 4
The Biological Basis of Nursing: Clinical Observations	Blows T. William (2001)	Routledge Taylor & Francis Group London & New York	2001	0 415-21255-3
Essential Nursing Skills, 2 <sup>nd</sup> edition.	Nicol, M; Bavin, C; Bedford-Turner, S; Cronin, P; Rawlings-Anderson, K	Mosby	2004	07234 3307 0