



Course Code THOM-395	Course Title Health Safety and Wellness	Credits (ECTS) 3/6
Department HT&S Management	Semester Spring/Fall	Prerequisites THOM-390
Type of Course Major/Concentration	Field Hospitality	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 3 rd	Lecturer George Panayiotou
Mode of Delivery Face-to faceWork	Placement N/A	Co-requisites No

Objectives of the Course:

The main objectives of the course are to:

- Familiarize students with the aspects of Health Safety and Wellness.
- Think critically in order to analyze a problem and develop a solution;
- Use academic methods (e.g. using referenced arguments);
- Identify and adjust to future trends;
- Understand the issues of risk assessment;
- Analyze major aspects of Health Safety and wellness such as:
 - Principles of health and safety management, risk management, risk perception, risk communication, behaviour, human error, and economics and cost benefit analysis is explored.

Learning Outcomes:

After completion of the course students should be able to:

1. **Demonstrate** knowledge of the various dimensions of the industry;
2. **Explain** the significance of health and safety management within the overall spa and wellness operations environment;
3. **Analyse, evaluate and discuss** the issues that need to be addressed when doing business in this sector.
4. **Identify future issues surrounding the industry.**
5. **Describe and demonstrate** knowledge of the various aspects of managing in a globally competitive context.

6. **Describe and analyse and identify** the dimensions of risk assessment, human resource management, financial management, strategy, diversity and fundamental management issues relevant to the industry.

Course Contents:

1. The concept of risk
2. Risk management
3. Personality, behavior and human error
4. Risk perception
5. Risk communication
6. Economic issues
7. Cost-benefit analysis
8. Managing health and Safety Risks
9. Regulatory models for managing health and safety
10. Models for managing health and safety risks at the organizational level
11. Risk assessment
12. Risk control
13. Training and competence
14. Performance measurement
15. Auditing, benchmarking and continuous improvement

Teaching Methods

PowerPoint Lectures, lab workshop assignments, practical exercises, student presentations/assignments

Assessment Methods

Students' PowerPoint presentations, assignments, exercises , Midterm exam, Final exam.

Required Textbooks

Authors	Title	Publisher	Year	ISBN
Colin Fuller Luise Vassie	Health and Safety Management: Principles and Best Practice	Prentice Hall	2004	ISBN-13: 978-0273684824
Joe Kausek	OHSAS 18001: Designing and Implementing an Effective Health	Government Institutes	2007	ISBN: 086587199X

	and Safety Management Systems			
Naeem Sadiq	OHSAS 18001 Step by Step: A Practical Guide	Government Institutes	2012	ISBN- 1849283621