



Course Code SPRT-301	Course Title Sociological and Historical Aspects of Sport	ECTS Credits 6
Department Hospitality ,Tourism and Sports Management	Semester Fall / Spring	Prerequisites None
Type of Course Compulsory/Elective	Field Sports Management	Language of Instruction English
Level of Course 1 st Cycle	Year of Study 3rd	Lecturer(s)
Mode of Delivery face-to-face	Work Placement N/A	Co-requisites None

Objectives of the Course:

The main objectives of the course are to:

- Help students develop a sociological and historical perspective about sports and physical activity
- Make the students understand the development of sport over time in order to enhance their abilities to analyze processes in modern sport
- Encourage students to use critical thinking in order to understand sports and physical activities in the context of society, beyond performance, results, and competition.
- Develop the students' awareness on how sports and sports participation has an impact on the lives of individuals and groups within a society
- Provide the students the necessary tools that will help them make informed choices about sports, sports participation and administration in the communities and environments they work in.

Learning Outcomes:

After completion of the course students will be expected to be able to:

1. Understand the historical, social and cultural development of sport over time
2. Understand sports and physical activities as social and cultural phenomena
3. Use basic sociological theories and concepts in order to examine how sports influences human social life and the various meanings sports takes depending on space and time.
4. Understand the relationship between sports and several social issues and ideologies, such as, deviance, violence, social class, race, gender, etc
5. Understand the relationship between sports and other social institutions and spheres of social and cultural life, such as, family, education, media, politics, etc

Course Contents:

1. Sports Development over Time and in Societies-Sociological definitions of Sports
2. The Characteristics of Modern Sport through a Historical Analysis
3. Sports, Socialization and Family
4. Socialization into Sports - Socialization via Sport
5. Sports, Education, and Youth
6. Violence and Deviance in Sports
7. Gender and Age in Sports
8. Race, Ethnicity and Sports
9. Social Class, Socioeconomic Status, and Sports
10. Sports and Economy
11. Sports and Mass Media
12. Sports, Politics, Law, and Policy

Learning Activities and Teaching Methods

Lectures, Students' Presentations, Tutorials, Assignments, Movies and Videos

Assessment Methods:

Homework, Assignments, Mid term Exam, Final Exam

Required Textbooks/Reading

Authors	Title	Publisher	Year	ISBN
Jay Coakley	Sports in Society: Issues and Controversies (4 th edition)	McGraw-Hill	2008	0072930357
Mechikoff, Robert A and Estes, Steven G	A History and Philosophy of Sport and Physical Education (4 th edition)	McGraw-Hill	2006	0072489227

- A Course reading manual will be provided throughout the course-period.

Recommended Textbooks/Reading

Authors	Title	Publisher	Year	ISBN
McPherson, B.D, Curtis, J.E. Loy, J.W	The Social Significance of Sport- An Introduction to the Sociology Of Sport	Human Kinetics Books.	1989	0-87322-235-0
Allen Guttmann	From Ritual to Record- The Nature of Modern Sports	Columbia University Press	1978	0-231-133441-3