



UNIVERSITY *of* NICOSIA

<b>Course Code</b> SOWK-405	<b>Course Title</b> Working With and For the Aged	<b>ECTS Credits</b> 5
<b>Department</b> Social Sciences	<b>Semester</b> Spring	<b>Prerequisites</b> None
<b>Type of Course</b>	<b>Field</b> Social Work	<b>Language of Instruction</b> Greek
<b>Level of Course</b>	<b>Year of Study</b>	<b>Lecturer(s)</b> Gregory Neocleous
<b>Mode of delivery</b>	<b>Work Placement</b> None	<b>Co-Requisites</b> None

**Objectives of the Course:**

The main objectives of the course are to:

- Deepen his/her knowledge about the human ageing with biological, psychological and sociological perspectives as points of departure,
- Deepen his/her knowledge about the elderly care and social work with elderly as part of the Cypriot welfare sector
- Apply the knowledge and generalist social work practice skills to work with older people;
- Demonstrate practice skills to work with elders having emotional and behavioural problems in both institutions and those living in their own residences;
- Demonstrate knowledge, in both practice and theories, to work with older people through role-play, class exercises, group presentations and reflective discussions.

**Learning Outcomes:**

After completion of the course students are expected to be able to:

1. Knowledge of theories and developmental tasks of adulthood and aging;
2. Knowledge of developmental crises and environmental or situational factors that shape the person as he/she ages;
3. Assess the issues faced by older persons in an increasingly complex society;
4. Knowledge of the array of service systems available to the elderly;
5. Knowledge of approaches to working with the older persons.

**Skill**

Upon completion of this course, each student will be able to demonstrate:

1. An ability to apply concepts and theories to aid in understanding older persons and their situations;
2. An ability to establish working relationships with an older person based upon partnership;
3. An ability to identify specific problems of the elderly individual;
4. An ability to identify strengths of the older person;
5. An ability to identify alternative methods of assisting older persons;
6. An ability to recognize the importance of involving family members and significant others in working with older persons.

**Course Contents:**

1. Studying Later life - Theoretical perspectives
2. Transitions in adult life and theories of social gerontology
3. Aging – Historical and Cultural perspectives
4. Support systems, intimacy and well-being
5. Older persons and issues and stereotypes
6. Work, leisure, finances and living environments
7. Mental health of older persons
8. Dying and death
9. Living in Long term care
10. Formal and Informal care

11. Cypriot welfare services for older people
12. Assessment tools for social work with older people

**Learning Activities and Teaching Methods:**

Lectures, Experiential Exercises and Assignments.

**Assessment Methods:**

Homework, Mid-Term, Final Exam.

**Required Textbooks/Reading:**

Authors	Title	Publisher	Year	TSB
Ira Emke-Pouloupoulou	Greek Older Citizens: Past, Present and Future	Ellin	1999	
Antigoni Lymperaki, Platon Tenios, Tasos Filalithis	Life 50+, Health, Ageing, and Pensions in Greece and Europe	Kritiki	2009	

**Recommended Textbooks/Reading:**

Authors	Title	Publisher	Year	TSB
Michael J. Holosko and Marvin D. Feit (eds)	Social work practice with the elderly	Canadian Scholars' Press	2004.	
Tanner, D. Harris, J.	Working with Older People	Community Care Routledge	2008	