



Course Code SOWK- 302	Course Title Understanding Addictions	Credits (ECTS) 6
Department Social Sciences	Semester Fall	Prerequisites None
Type of Course Elective	Field Social Work	Language of Instruction Greek
Level of Course Undergraduate	Year of Study 2 th	Lecturer Margarita Vraka Eleftheriadou
Mode of delivery Face-to-face	Work Placement None	Co-Requisites None

Objectives of the Course:

The main objectives of this course is to assist students in order to:

- understand and use the basic concepts and principles on advanced communication and interviewing skills ,
- expand their skills for intervention approaches and trained in the actual implementation of such interventions through the interview process,
- focus on scientific approaches,
- enhance students' awareness for self and others,
- gain understanding of the meaning of emotional discharge

Learning Outcomes:

After completion of the course students are expected to be able to:

- make a thorough assessment through the interview process
- contact a bio-psychosocial assessment
- recognize the needs of the client
- incorporate in their practice advanced interviewing techniques
- utilize various techniques based on verbal and non-verbal communication
- to follow different theoretical approaches
- to develop interpersonal relationships

Course Contents:

1. Communication skills
2. Holistic approach in interview process
3. Interview skills
4. Self-awareness
5. Bio-psycho-social Assessment
6. Ethics and Confidentiality
7. Interview as an interpersonal relation
8. Special issues in interview process
9. Professional supervision as a valuable tool for both the social worker and the client
10. Terms and definitions of the interview process as a form of verbal and non-verbal communication
11. Presentation of a variety of theoretical approaches under the scope which an intervention is implemented in the interview process
12. Role play

Teaching Methods:

Lectures, Role Playing and Assignments, Video presentations

Assessment Methods:

Class Presentations, Paper, Midterm Exam, Final Exam

Required Textbooks:

Authors	Title	Publisher	Year	ISBN
Κονδυλάκη	Η Συμβουλευτική στην Κοινωνική Εργασία: Δεξιότητες και τεχνικές	ΤΟΠΟΣ	2008	978-960-6760-65-5

Recommended Textbooks/Reading:

Authors	Title	Publisher	Year	ISBN
Ivey.A & Gluckstern N	Συμβουλευτική μέθοδος πρακτικής προσέγγισης	ΕΛΛΗΝΙΚΑ ΓΡΑΜΜΑΤΑ	2007	960-7019-40-7
Richard Nelson-Jones	Βασικές δεξιότητες συμβουλευτικής	ΠΕΔΙΟ	2009	978-960-9405-00-3
Ελένη Παπαδάκη-Μιχαηλίδη	Η σιωπηλή γλώσσα των συναισθημάτων Η μη λεκτική επικοινωνία στις διαπροσωπικές σχέσεις	ΕΛΛΗΝΙΚΑ ΓΡΑΜΜΑΤΑ	2008	960-344-129-5