



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-260	Cognitive Psychology	6
Prerequisites	Department	Semester
PSY-110, PSY-111	Social Sciences	Fall
Type of Course	Field	Language of Instruction
Required	Psychology	English/Greek
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Maria M. Hadjimarkou	2 nd
Mode of Delivery	Work Placement	Co-requisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Review and discuss several topics in the area of cognitive psychology such as perception and attention, memory, language and problem solving.
- Examine some fundamental issues regarding the theories of the mind and new methodologies to study cognition
- Apply what they learn in their everyday life (to improve memory for recent events, problem solving, performance in college, etc).

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Discuss how the scientific method works within the context of cognitive psychology
2. Extrapolate how the usage of many theoretical concepts (like attention, memory, etc) is rooted in everyday language and how their meaning is further defined, clarified and changed by practice.
3. Analyze established cognitive theories about perception, attention, memory, problem-solving etc.
4. Evaluate current empirical research evidence which is relevant to the various theories of cognition
5. Discuss the contributions of research involving special populations (patients suffering from amnesia, dementia etc) in our understanding of cognitive processes.

Course Content:

1. Introduction to Cognitive Psychology
2. Brain and Cognition
3. Perception
4. Attention
5. Memory
6. Long Term Memory
7. Encoding and Retrieval
8. Everyday Memory
9. Knowledge
10. Language
11. Problem Solving

Learning Activities and Teaching Methods:

Lectures, Discussions, Videos

Assessment Methods:

Attendance and Participation, Written exams

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Cognitive Psychology	Goldstein, E. B.	Wadsworth/Cengage Learning	2011	9781111185886