



Course Syllabus

Course Code	Course Title	ECTS Credits
PSY-111	General Psychology II	6
Prerequisites	Department	Semester
None	Social Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Psychology	English/Greek
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr Maria M. Hadjimarkou	1 st
Mode of Delivery	Work Placement	Corequisites
Face-to-Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- The main objective of the course is to introduce the students to the scientific field of psychology, through the study and critical review of the basic principles and theories of the various areas in psychology. The course will mainly focus on topics such as emotion, personality and development throughout the lifespan.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Develop an understanding about the basic human emotions and motivations
2. Discuss issues of gender, sexuality and biases related to these concepts
3. Review the basic stages of human development and the major developments in each stage
4. Explain the concept of personality, the various theories regarding its development and ways of measuring it
5. Develop and understanding for the relatively new area of health psychology and its importance
6. Review the major types of human psychopathology and treatment methods
7. Explain basic concepts in the area of social psychology

Course Content:

1. Motivation and Emotion
2. Gender and human sexuality
3. Development: The beginnings of life
4. Development: Adolescence to the end of life
5. Personality
6. Health psychology
7. Psychological disorders
8. Treatment of psychological disorders
9. Social psychology
10. Psychology in a diverse world

Learning Activities and Teaching Methods:

Lectures and Assignments

Assessment Methods:

Attendance and Participation, Exams

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Understanding Psychology	Robert Feldman	McGraw Hill	2013	978-007-131-4824