



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
PSY-110	General Psychology	6
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
None	Social Sciences	Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Psychology	English/Greek
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Dr Maria M. Hadjimarkou	1 <sup>st</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Co-requisites</b>
Face-to-Face	N/A	None

### Course Objectives:

The main objectives of the course are to:

- Introduce the students to the scientific field of psychology, through the study and critical review of the basic principles and theories of the various areas in psychology

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Develop an understanding of the history of psychology
2. Develop an understanding of the major theoretical perspectives and research methods used in psychology
3. Explain how behavior has a biological basis
4. Discuss the mechanism by which we are able to perceive stimuli in our environment such as an image
5. Review the various states of consciousness, focusing on sleep and its various functions
6. Discuss how the process of learning and memory takes place and which are the more important mechanisms that underlie them
7. Discuss various aspects of language and its effects on cognition
8. Explain what intelligence is, how it is defined and what biases are involved in its measurement.

**Course Content:**

1. Introduction to psychology
2. Research methods in psychology
3. The biology of behavior
4. Sensation and perception
5. States of consciousness
6. Learning
7. Memory
8. Cognition and Language
9. Intelligence

**Learning Activities and Teaching Methods:**

Lectures and Assignments

**Assessment Methods:**

Attendance and Participation, Written exams

**Required Textbooks / Readings:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Understanding Psychology	Robert Feldman	McGraw Hill	2013	978-007-131-4824