



Course Syllabus

Course Code	Course Title	ECTS Credits
NUTR-565P	Professional Practices for Dietitians II	7.5
Prerequisites	Department	Semester
NUTR-535P	Life Sciences	Spring
Type of Course	Field	Language of Instruction
Required	Dietetics/Nutrition	Greek
Level of Course	Lecturer(s)	Year of Study
2 nd Cycle	Dr Elena Philippou/ Prof Eleni Andreou	1 st
Mode of Delivery	Work Placement	Corequisites
Face to face	Yes (254 hours)	None

Course Objectives:

To enable students to:

- Recognise their own learning requirements and to develop an independent and critical ability to expand their knowledge and skills using available resources
- Appreciate and develop their clinical practice using Reflection
- Develop their Dietetic skills in a variety of clinical settings
- Function effectively in their clinical practice of the 1st year
- Use the knowledge already gained in previous subjects and develop this further

Learning Outcomes:

1. Demonstrate reflective clinical practice by critically analyzing and evaluating their own experiences in a healthcare setting.
2. Develop proficiency in a wide range of interventions requiring dietetic treatment, applying evidence-based practices to ensure effective patient care.
3. Recognize and appreciate personal limitations, seeking continuous improvement through self-reflection and seeking feedback from peers and mentors

4. Cultivate independent learning skills and research capabilities to stay updated with current knowledge and advancements in the field of dietetics.
5. Apply theoretical knowledge acquired in the classroom to real-world practice, demonstrating the ability to bridge the gap between theory and application.
6. Justify and substantiate clinical decisions through the integration of theoretical knowledge, evidence-based practices, and patient-specific factors.

Course Content:

Refer to Practical Placement Guide 1B

There will be meetings (total 9 hours) in the following:

1. Explanation of activities and practical training assessment
2. Anthropometry, PNDP, nutritional assessment
3. Apply theory into practice (case studies) in the following: Diabetes type II, Heart disease, Enteral Nutrition

Learning Activities and Teaching Methods:

Case Studies, Project and Problem Based Learning, Field Trips and Site Visits, Research Projects, Group Discussions and Debates, Practical Laboratory Sessions, Fieldwork and Clinical Placements, Guest Speakers and Industry Experts, Workshops and Seminars, Reflective Journals and Portfolios, Collaborative Projects and Presentations.

Assessment Methods:

254 hours of clinical practice will be completed.

The assessment of clinical training is based on 4 criteria: interpersonal skills/communication (25%), Professionalism (25%), Clinical reasoning (25%), Dietetic Intervention (25%)

The assessment of clinical training is performed by the Educators where the placement took place and students should receive at least 60% to pass. On addition, there is an Assignment (Individual case study) and 5 clinical case studies (see below)

Practical Training, Individual Case study (1000 words), 5 Case studies – PNDP

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Pocket Guide to Clinical Nutrition	Vera Todorovic and Ann Micklewright	PENG Group Publications 5th ^h Edition 2018	2018	978-0-95298-692-8

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Counselling skills for dietitians 3 rd edition	Gable	Blackwell	2016	978-1-118-94380-9