



Course Code NURS-115	Course Title Foundations for Nursing (Management of Care)	ECTS Credits 6
Prerequisites None	Department Life & Health Sciences	Semester Fall
Type of Course Required	Field Nursing	Language of Instruction English
Level of Course 1 st Cycle	Lecturer(s) Ms Katia Pelides	Year of Study 1 st
Mode of Delivery Face-to-face	Work Placement General Wards	Co-requisites NURS-110

Objectives of the Course:

The main objectives of the course are to:

- Introduce students to the contemporary health care.
- Introduce students to legal/ethical issues in nursing.
- Make students aware of the existence of cultural diversity in the health care field.
- Identify therapeutic and interpersonal skills in nursing practice.
- Introduce students to the nursing process framework.
- Introduce students to professional issues in nursing.

Learning Outcomes:

After completion of the course students are expected to be able to:

- Identify therapeutic and interpersonal skills in nursing practice.
- Identify basic legal/ethical issues in nursing.
- Identify some diverse cultural issues.
- Identify nurturing, sensitivity, caring, empathy, commitment skills.

Course Contents:

- Contemporary Health Care: External Forces Shaping Health Care. Introduction to Health Care Delivery Systems. Introduction to Health Promotion, Health Education, Community Health
- Health Policy: Introduction to Cyprus Health System
- Health Care Delivery: Patient Hygiene. Bed Making. Hand washing. Oral Nutrition.

Different approaches to delivery of care.

- Communication: Verbal and Non-Verbal Communication. Factors that affect communication positively or negatively.
- Introduction to Health Informatics: Definition and Purpose
- Culture & Diversity: The importance of identifying and respecting cultural diversity in nursing care.

Law & Ethics: Values, Moral Principles, Patient advocacy.

Learning Activities and Teaching Methods:

Lectures, Skills Lab Practical Sessions, Tutorials, Enquiry Based Learning.

Assessment Methods:

Laboratory Practical Sessions, Tests, Final Examination

Required Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
The Royal Marsden Hospital Manual of Clinical Nursing Procedures (Student Edition)	Dougherty, L. & Lister, S.	Wiley-Blackwell	2008	9781405182874
Nursing Practice. Hospital and Home	Alexander, M; Fawcett J.N.; Runciman, P.	Churchill Livingstone Elsevier	2006	9780443074578

Recommended Textbooks / Reading:

Title	Author(s)	Publisher	Year	ISBN
Nursing Adults: the practice of caring	Brooker, C. & Nicol, M. (2003)	Edinburgh: Mosby	2003	0 7234 3157 4
The Biological Basis of Nursing: Clinical Observations	Blows T. William (2001)	Routledge Taylor & Francis Group London & New York	2001	0 415-21255-3
Essential Nursing Skills, 2 nd edition.	Nicol, M; Bavin, C; Bedford-Turner, S; Cronin, P; Rawlings-Anderson, K	Mosby	2004	07234 3307 0