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| Course Code NURS-110 | Course Title Foundations for Nursing (Provision of Care) | ECTS Credits 6 |
| Prerequisites None | Department Life & Health Sciences | Semester Fall |
| Type of Course Required | Field Nursing | Language of Instruction English |
| Level of Course 1 st Cycle | Lecturer(s) Mr Evangelos Latzourakis | Year of Study 1 st |
| Mode of Delivery Face-to-face | Work Placement Care environments | Co-requisites BIOL-11,NURS-105,NURS-115 |

Objectives of the Course:

The main objectives of the course are to:

- Provide an overview of the history and development of Nursing as a Science and Art.
- Gain an insight into the legal/ethical issues in nursing.
- Explain the nursing process and give emphasis to its application into practice
- Provide an understanding of the holistic approach to nursing care home and community-based nursing care.
- Introduce nursing skills in general and develop certain therapeutic and interpersonal skills for adult nursing.
- Understand the importance of Evidence-based nursing.
- Develop critical thinking and creativity in implementing nursing strategies with clients.
- Provide an appropriate environment for direct nursing care.
- Acquire clinical experience in healthcare facilities.

Learning Outcomes:

After completion of the course students are expected to be able to:

- Explain Nursing the philosophy and theory of Nursing and other related nursing issues.
- Define the concepts and interrelationships of human beings, health and nursing.
- Demonstrate knowledge and understanding of a holistic approach to healthcare for individuals, families, groups and communities.
- Apply nursing skills based on knowledge.
- Use the nursing process as the framework for nursing practice with an emphasis on the development of critical thinking.

Course Contents:

- What is Nursing practice: introduction of the Art and Science of Nursing; the role of the nurse as part of a multi-disciplinary team, identify health and illness, identify health variants.
 - Introduction to Health and Safety: introduction to the principles of infection control, introduction to safe moving and handling, introduction to risk assessment.
- Introduction to Nursing Skills: introduction to the Nursing Process in practice, patient assessment, practical skills, documentation, Introduction to Evidence-based Practice.

Learning Activities and Teaching Methods:

Lectures, skills demonstrations, personal tutorials, Evidenced-based learning, laboratory exercises, assignments.

Assessment Methods:

Laboratory Practical Sessions, Tests, Final Examination

Required Textbooks / Reading:

| Title | Author(s) | Publisher | Year | ISBN |
|--|------------------------------|---------------------------------|------|------------|
| Nursing Adults: The Practice of Caring | C. Brooker and M. Nicol | Mosby; 1 st .edition | 2003 | 0723431574 |
| Foundations of Nursing Practice: Making the Difference | R. Hogston and P. M. Simpson | Palgrave Mac Millan | 2002 | 0333985923 |

Recomended Textbooks / Reading:

| Title | Author(s) | Publisher | Year | ISBN |
|--|----------------------------|-------------------------------|------|------------|
| Essential Nursing Skills | M. Nicol | St. Louis: Mosby | 2004 | 0723433070 |
| Study Guide to Accompany Fundamental Skills and Concepts in Patient Care | R. B. Timby, B. R. Stright | Lippincott Williams & Wilkins | 2001 | 0781723175 |