



Course Syllabus

Course Code	Course Title	ECTS Credits
HRM-225	Health and Safety	6
Prerequisites	Department	Semester
None	Management & MIS	Fall/Spring/Summer
Type of Course	Field	Language of Instruction
Elective	Business Administration	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Dr. Paris Pittakaras	3 rd or 4 th
Mode of Delivery	Work Placement	Corequisites
Face to Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Create a critical awareness of central concepts in occupational health and safety.
- Critically evaluate of the size of the current problem.
- Critically appraise issues of regulation.
- Examine and implement effective health and safety practices.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Articulate the general principles of health and safety.
2. Identify chemical and physical hazards in the workplace.
3. Introduce effective management systems to control and monitor health and safety issues.
4. Introduce programmes for employee wellbeing.

Course Content:

1. Safety and accident prevention.
2. Health and safety legislation.
3. The supervisor's role.

4. The employee's role.
5. Substance abuse and emotional illness.
6. Stress, burnout and other potential health problems.
7. Employee wellness programmes.
8. Employee violence.
9. Health and safety off-site.
10. Corporate health, safety and security programmes.

Learning Activities and Teaching Methods:

Lectures, Case Studies Analysis and Discussion, Academic/Industry Journals Paper Discussions, In-Class Exercises, and Presentations.

Assessment Methods:

Class activities, Role-Play, Homework, Project, Mid-Term, Final Examination

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Instructor's notes				

Required Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Essentials of Health & Safety at Work, 4 th Ed.	Health and Safety Executive (HSE)	HSE Books	2008	978-0717661794
Understanding Small Firm Responses to Regulation: The Case of Workplace Health and Safety	Vickers, I., James, P., Smallbone, D. and <u>Baldock R.</u>	Policy Studies	2005	Vol 26, No. 2, June. pp. 149-169
How to Draw Up a Health & Safety Policy	Morris, D.	People Management	2001	Vol 7, No. 10, 17 May. pp 50-51