



Course Syllabus

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| Course Code | Course Title | ECTS Credits |
| DANC-336 | Ballet VI | 6 |
| Prerequisites | Department | Semester |
| DANC-335 | Music and Dance | Spring |
| Type of Course | Field | Language of Instruction |
| Required | Ballet Technique | English |
| Level of Course | Lecturer(s) | Year of Study |
| 1 st Cycle | Christina Patsalidou | 3 rd |
| Mode of Delivery | Work Placement | Corequisites |
| Face to Face | N/A | None |

Course Objectives:

The main objectives of the course are to:

- Introduce intermediate to advanced ballet vocabulary steps
- Develop greater fluency in classical dance technique and performance skills at the intermediate to advanced level
- Provide opportunities for the students to increase their kinesthetic and anatomic understanding of ballet technique through intricate movement and rhythm patterns
- Introduce mechanics of multiple turns in open and closed positions
- Focus on detail and on the ability to reproduce a specific line or angle of the body with accuracy
- Introduce different methods and effective tools for presenting the ballet technique

Learning Outcomes:

After completion of the course students are expected to be able to:

- Apply and demonstrate sound knowledge and understanding of the mechanics and purpose of ballet vocabulary at the intermediate to advanced level
- Demonstrate strength, stamina and a disciplined approach in a range of technical movement skills at the intermediate to advanced level
- Perform challenging classical ballet sequences with a clear understanding of aplomb and balance

- Manage a multiple coordinated turning action with correct use of supporting leg and placement of working leg in open and closed positions
- Identify and prioritize the muscle groups needed to perform each movement task
- Demonstrate increased movement skills, concentration and physical control in performing movement with artistic expression
- Create sequences using classical ballet technique

Course Content:

- Intermediate to advanced ballet vocabulary
- Multiple turns in open and closed positions
- Batterie Movement
- Pedagogical approaches to teaching ballet
- Student teaching

Learning Activities and Teaching Methods:

Practical demonstration, visual aids, student teaching

Assessment Methods:

In class performance, Applied technique I & II, Student teaching assessment I&II, Final Exam

Recommended Textbooks / Readings:

| Title | Author(s) | Publisher | Year | ISBN |
|--|------------------|-----------------------------|------|---------------|
| Creative Ballet Teaching Technique and Artistry for the 21 st Century Ballet Dancer | Cadence Whittier | Routledge | 2018 | 9781138669710 |
| Ballet Pedagogy: The Art of Teaching | Rory Foster | University Press of Florida | 2010 | 0813034590 |
| Inside Ballet Technique | Grieg, Valerie | Princeton Book Company | 1994 | 0871271915 |