



Course Syllabus

Course Code	Course Title	ECTS Credits
DANC-335	Ballet V	6
Prerequisites	Department	Semester
DANC-234	Music and Dance	Spring
Type of Course	Field	Language of Instruction
Required	Ballet technique	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Christina Patsalidou	3 rd
Mode of Delivery	Work Placement	Corequisites
Face to Face	N/A	None

Course Objectives:

The main objectives of the course are to:

- Introduce intermediate to advanced ballet vocabulary
- Enhance students' competency in performing more complex movement with correct posture, accurate alignment and good mechanics of transfer of weight at the intermediate advanced level
- Further develop and demonstrate an understanding of the movement qualities of the ballet vocabulary examined through the examination and practice of the Ultrabarre technique
- Discuss and learn the structure and distinct parts of a ballet class
- Introduce resources and practices to better communicate with pianists in the ballet class

Learning Outcomes:

After completion of the course students are expected to be able to:

- Perform with correct posture, accurate alignment and good mechanics of transfer of weight while performing movement of increased complexity
- Demonstrate balance and suspension in center creating correct lines in space portraying the classical aesthetic
- Demonstrate increased movement skills, concentration and physical control in performing movement with artistic expression
- Demonstrate elevation with controlled landings, pointed feet & correct alignment

- Perform with more awareness of the rhythms and textures of their musical accompaniment
- Demonstrate dynamic values and movement quality for each sequence taught
- Identify the structure of a ballet class
- Identify the proper musical accompaniment for ballet sequences and communicate effectively with the pianist

Course Content:

- Intermediate to advanced ballet vocabulary
- Batterie Movement
- Ultrabarre technique
- Structure of the ballet class
- Musical accompaniment for the ballet class

Learning Activities and Teaching Methods:

In class performance, Midterm Examination, Musical Accompaniment Activity, Structure of a ballet class activity, Ultrabarre sessions, Final Examination

Assessment Methods:

In class performance, Applied technique I & II, Musical Accompaniment Assignment, Structure of a ballet class assignment, Final with Jury Exam

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Creative Ballet Teaching Technique and Artistry for the 21 st Century Ballet Dancer	Cadence Whittier	Routledge	2018	9781138669710
Ballet Pedagogy: The Art of Teaching	Rory Foster	University Press of Florida	2010	0813034590

Beginning Ballet with Web Resource (Ebook)	Gayle Kassing	Human Kinetics	2013	9781492576020
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Useful links on musical accompaniment for ballet class:

Playing for Ballet Class: An Introduction for Beginners, Royal Academy of Dance, 2019:
<https://ca.royalacademyofdance.org/more/music-at-the-rad/playing-for-ballet-class-an-introduction-for-beginners/>

Dance Rhythms for Ballet Pianists, Royal Academy of Dance, 2019:
<https://ca.royalacademyofdance.org/more/music-at-the-rad/dance-rhythms-for-ballet-pianists/>