



Course Syllabus

Course Code	Course Title	ECTS Credits
DANC-335	Ballet V	6
Prerequisites	Department	Semester
DANC-234	Music and Dance	Fall
Type of Course	Field	Language of Instruction
Required	Dance	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Christina Patsalidou	3 rd
Mode of Delivery	Work Placement	Corequisites
Face to face	N/A	None

Course Objectives:

The main objectives of the course are to:

This is an intermediate-advanced level technique class that focuses on attention to detail and the ability to reproduce a specific line or angle of the body with accuracy. More intricate movement and rhythm patterns will be introduced and mechanics of multiple turns will be worked on.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. demonstrate secure posture and correct weight placement while performing movements of increased complexity
2. learning to identify and prioritize the muscle groups needed to perform each movement task
3. perform an increased range of movements with co-ordination of the whole body, well stretched legs and articulated footwork
4. demonstrate an ability to perform an increased range of movements with accurate alignment and use of space
5. manage a coordinated turning action with correct use of supporting leg and placement of working leg
6. Illustrate mastery and consistency in performing the ballet vocabulary that is technically challenging while “freeing” the rest of the body and face for an ease of personal expression and performance.

Course Content:

1. developpes en fondu all directions
2. grand ronds de jambe en demi pointe
3. double rond de jambe en l'air en dehors and en dedans en demi pointe
4. grand battement retire and grand battement releve in center
5. jete battu devant and derriere
6. rotations and fouettes in center (fouette sauté en tournant)
7. penchee in center
8. double pirouettes finishing in arabesque or attitude en l'air
9. entrechat trios and entrechat cinq devant and derriere
10. sissonne ordinaire passee devant and derriere
11. sissonne ouverte battue and sissonne ouverte changee
12. ballonnes en avant, en arriere, compose
13. ballottes
14. grand jete en tournant
15. assemble battu over and under
16. fouette sauté en tournant
17. double pose pirouette en dehors and en dedans
18. pivots in attitude and arabesque en dedans

Learning Activities and Teaching Methods:

Practical demonstration, Visual aids, Images

Assessment Methods:

In class Performance/Classroom Conduct

Attendance

Effort

Work Ethic

Applied Technique I

Applied Technique II

Final examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Technical Manual and Dictionary of Classical Ballet	Grant, Gail	BN Publishing	2014	1607963337
Progressions of Classical Ballet Technique	The Royal Academy of Dance	London: Royal Academy of Dance Enterprises Ltd	2002	1906980160
Ballet Basics	Sandra Noll Hammon	McGraw-Hill	2003	0072557141
Inside Ballet Technique	Grieg, Valerie	Princeton Book Company	1994	0871271915