



Course syllabus

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| Course Code | Course Title | ECTS Credits |
| DANC-316 | Contemporary Dance VI, Technique 4 | 4 |
| Prerequisites | Department | Semester |
| DANC-315 | Music and Dance | Spring |
| Type of Course | Field | Language of Instruction |
| Required | Contemporary Dance | English |
| Level of Course | Lecturer(s) | Year of Study |
| 1 st Cycle | J. Brendle/D. Milovanovic | 3 rd |
| Mode of Delivery | Work Placement | Corequisites |
| Face-to-face | N/A | DANC-326 |

Course Objectives:

The main objectives of the course are to:

- further develop technical proficiency and expression, drawing on the techniques Graham/Limon/Release
- advance the students technical skills with emphasis on dynamics, decentralisation, gravity and theatricality, sensory perception.
- focus will be given to complex coordination sequences, traveling movements, level changes and longer combinations to experience embodiment of technique and artistic sensitivities
- provide challenges to the dancers to apply dynamics, movement qualities and a high level of personal engagement in a conscious and sophisticated manner in given dance material and improvisation

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Further implement the elements of proper technique, with special emphasis on dynamics and musicality, sensory perception and use of gravity.
2. Practice more complex contemporary dance vocabulary, focusing on traveling combinations, levels, suspensions, direction changes, and quick changes.
3. Perform complex movement sequences with flow, technical proficiency and personal expression.

4. Explore technical proficiency through improvisational experiences

Course Content:

1. Alignment and Weight Distribution
2. Upper Body Bounces, Curves, Arches
3. Plies with Use of the Back and Head
4. Warm Up Footwork with Weight Shifts
5. Adage/Leg Extensions
6. Battements with Varying Back Positions and Rhythm
7. Tilts
8. Traveling – Brushes, Turns and Jumps
9. Complex Movement Combinations
10. Expression and Musicality
11. Performing Dance Sequences
12. Exploring Technique through Improvisation

Learning Activities and Teaching Methods:

Studio based movement workshops

Assessment Methods:

In Class Participation and Performance, Practical Midterm Evaluation, Practical Final Examination

Recommended Textbooks / Readings:

| Title | Author(s) | Publisher | Year | ISBN |
|--|------------------|------------------------|-------------|----------------|
| Attention and Focus in Dance: Enhancing Power, Precision, and Artistry | Guss-West, C. | Human Kinetics | 2020 | 978-1492594451 |
| Introduction to Modern Dance Techniques | Legg, J. | Princeton Book Company | 2011 | |