



Course Syllabus

Course Code	Course Title	ECTS Credits
DANC-233	Ballet III	6
Prerequisites	Department	Semester
None	Music and Dance	Fall
Type of Course	Field	Language of Instruction
Required	Dance	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Patsalidou Christina	2 nd
Mode of Delivery	Work Placement	Corequisites
Face to face	N/A	N/A

Course Objectives:

The main objectives of the course are to:

This is a beginning intermediate level course, a continuation of Ballet II. During this course, students will further develop skill and the qualities of each step. New vocabulary will be introduced and focus will be directed on the correct execution of more complicated sequences at the barre and center. A major portion of the class will be spent on allegro and on preparatory sequences for pointe work

Learning Outcomes:

After completion of the course students are expected to be able to:

1. To demonstrate an ability to perform more complex movement with accurate alignment
2. To demonstrate balance and suspension in center
3. To demonstrate a coordinated turning action with correct use of supporting leg and placement of working leg-single turn
4. To demonstrate elevation with controlled landings, pointed feet & correct alignment
5. To develop strength and flexibility appropriate to their stage of development
6. To demonstrate secure stretched leg extensions and good use of turn out
7. To perform with more awareness of the rhythms and textures of their musical accompaniment
8. To demonstrate dynamic values and movement quality for each sequence taught

Course Content:

A. Barre : more confidence in the execution and application of the basics of a ballet barre learned during the previous semester in more complicated sequences. Additionally, the student will learn double ronds-de-jambe en l'air, fouette a terre, pas soutenu, echappe releves to 4th, pas de cheval demi grand rond de jambe, full grand rond de jambe

2. Center work:

During centre work, students will learn to execute more complicated combinations and learn the following vocabulary steps: jete ordinaries devant and derriere, sissonnes ordinaries devant and derriere, sissonnes fermees de cote dessus and dessous, temps leve in arabesque and retire, assemble soutenu en tournant, echappe saute battus, double pirouettes endehors and endedans from 5th and 4th, grand jete

Learning Activities and Teaching Methods:

Practical demonstration, Visual aids, Images

Assessment Methods:

In class Performance
 Midterm Examination
 Written Work/Self Evaluation
 Final examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Technical Manual and Dictionary of Classical Ballet	Grant, Gail	BN Publishing	2014	1607963337
Progressions of Classical Ballet Technique	The Royal Academy of Dance	London: Royal Academy of Dance Enterprises Ltd	2002	1906980160
Ballet Basics	Sandra Noll Hammon	McGraw-Hill	2003	0072557141

Inside Ballet Technique	Grieg, Valerie	Princeton Book Company	1994	0871271915
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