



## Course Syllabus

<b>Course Code</b>	<b>Course Title</b>	<b>ECTS Credits</b>
DANC-214	Contemporary Dance IV, Technique 1	4
<b>Prerequisites</b>	<b>Department</b>	<b>Semester</b>
DANC-213	Music and Dance	Spring
<b>Type of Course</b>	<b>Field</b>	<b>Language of Instruction</b>
Required	Dance Technique	English
<b>Level of Course</b>	<b>Lecturer(s)</b>	<b>Year of Study</b>
1 <sup>st</sup> Cycle	Alexander Michael	2 <sup>nd</sup>
<b>Mode of Delivery</b>	<b>Work Placement</b>	<b>Corequisites</b>
Face to face	N/A	None

### Course Objectives:

The main objectives of the course are to:

- The purpose of this course is to further build upon knowledge acquired in Levels I II and III. Travelling in all directions, change of direction, and increased level of jumps and leaps in combinations are area of focus. Special attention will be given to the theatricality and dramatic quality of the Graham technique and specific stylisation from choreographic works.

### Learning Outcomes:

After completion of the course students are expected to be able to:

1. Perform more complex exercises within the Graham technique and sections from the repertory, as they appear in floor work, standing work and Graham choreography.
2. Practice contractions, release (neutral), and spirals in all positions, with special focus on standing work and traveling sequences.
3. Perform all sequences with full technical precision and clarity of movement.
4. Demonstrate strength, endurance and harmony in movement.
5. Perform longer movement sequences with expression and musicality, deeply embodying the Graham aesthetic.

**Course Content:**

1. Breathings, Contractions and Release
2. Spirals (Threes and Sixes)
3. Deep Stretches and Pleadings
4. Turns Around the Back
5. Front and Back Leg Extensions
6. Graham plies (with contractions and S arms)
7. Foot work with spirals and contractions
8. Arabesque Turns (with Contraction, on Heel)
9. Jumps in Second with Tilt
10. Bell and Butterfly Jumps
11. Repertory Segments
12. Performance: Movement Qualities, Expression, Musicality, Theatricality

**Learning Activities and Teaching Methods:**

Practical Studio Workshops

**Assessment Methods:**

Attendance and In Class Performance, Practical Midterm Examination, Practical Final Examination

**Recommended Textbooks / Readings:**

<b>Title</b>	<b>Author(s)</b>	<b>Publisher</b>	<b>Year</b>	<b>ISBN</b>
Martha Graham: The Evolution of Her Dance Theory and Training	Horosko, Marian	Gainesville, FL: University Press of Florida	1991	0813024730