



Course Syllabus

Course Code	Course Title	ECTS Credits
DANC-141	Improvisation 1	4
Prerequisites	Department	Semester
None	Music and Dance	Fall
Type of Course	Field	Language of Instruction
Required	Composition and Performance	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Lia Haraki	1 st
Mode of Delivery	Work Placement	Corequisites
Face to Face	None	None

Course Objectives:

The main objectives of the course are to:

- To learn fundamental concepts and tools of movement improvisation
- To use the above and apply them in performance and choreography.
- To get familiar with the art of improvisation as a source of creativity and a way of embodying imagination.
- To understand how the mind and body can work together creatively, in order to explore movement possibilities.
- To learn how to acknowledge and break old movement patterns.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. To stimulate the imaginative and the creative self
2. To track down the movement journey
3. To understand improvisation as a live composition
4. To become aware of the mental and physical state through movement
5. To learn to be a good observer and a good listener

Course Content:

1. Introduction to Improvisation-The Art of Walking
2. Exploration of the Kinesphere
3. Action: Locomotion/Non-locomotion
4. Space: Direction, Carving and Sharing of Space
5. Working with Time
6. Costume/Prop Improvisation
7. Working with Images
8. The Basics of Contact Improvisation: Point of Contact, Counter-balance, Supported Shapes
9. Relationships: Partnering, Mirroring, Call and Response
10. Sound and the Improvising Dancer: Choices and Challenges
11. Group Improvisation: Creative Negotiations
12. Final Showing/Reflection

Learning Activities and Teaching Methods:

Studio-practical

Assessment Methods:

Attendance and In class Performance , Notebook, Mid Term Examination, Final Examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Body space image	Tufnell Miranda, Crickmay Chr	Second edition, Dance Books, Ltd	1993	1 85273 041 2
A widening field	Tufnell Miranda, Crickmay Chris	Second edition, Dance Books, Ltd	2008	