



Course Syllabus

Course Code	Course Title	ECTS Credits
DANC-141	Improvisation I	4
Prerequisites	Department	Semester
None	Music and Dance	Fall
Type of Course	Field	Language of Instruction
Required	Composition and Performance	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Lia Haraki	1 st
Mode of Delivery	Work Placement	Corequisites
Face-to-face	N/A	None

Course Objectives:

The main objectives of the course are to:

- To learn fundamental concepts and tools of movement improvisation
- To use the above and apply them in performance and choreography.
- To get familiar with the art of improvisation as a source of creativity and a way of embodying imagination.
- To understand how the mind and body can work together creatively to explore movement possibilities.
- To learn how to acknowledge and break old movement patterns.

Learning Outcomes:

After completion of the course students are expected to be able to:

- To stimulate the imaginative and the creative self
- To track down the movement journey
- To understand improvisation as a live composition
- To be able to embody mental, emotional, and physical desires
- To explore movement states
- To learn to be a good observer and a good listener

Course Content:

- Introduction to Improvisation-The Art of Walking
- Exploration of the Kinesphere
- Action: Locomotion/Non-locomotion
- Space: Direction, Carving and Sharing of Space
- Working with Time
- Costume/Prop Improvisation
- Working with Images
- The Basics of Contact Improvisation: Point of Contact, Counter-balance, Supported Shapes
 - Relationships: Partnering, Mirroring, Call and Response
- Sound and the Improvising Dancer: Choices and Challenges
- Group Improvisation: Creative Negotiations
- Final Showing/Reflection

Learning Activities and Teaching Methods:

Studio-practical

Assessment Methods:

Attendance and In class Performance, Notebook, Midterm Examination, Final Examination

Recommended Textbooks/Readings

Title	Author(s)	Publisher	Year	ISBN
I Want to Be Ready: Improvised Dance as a Practice	Goldman, Danielle	University of Michigan Press	2010	978-0472050840
Landscape of the Now: A Topography of Movement Improvisation	De Spain, Kent	Oxford University Press	2014	978-0199988266
Taken by Surprise: A Dance Improvisation	Cooper Albright, A., Gere, D. (Eds.)	Wesleyan University Press	2003	978-0819566485

A Widening Field; Second edition	Tufnell ,Miranda and Crickmay, Chris	Dance Books, Ltd	2008	
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