



Course syllabus

Course Code	Course Title	ECTS Credits
DANC-121	Contemporary Dance II, Technique 2	4
Prerequisites	Department	Semester
DANC-111	Music and Dance	Spring
Type of Course	Field	Language of Instruction
Required	Dance Technique	English
Level of Course	Lecturer(s)	Year of Study
1 st Cycle	Alexander Michael	1 st
Mode of Delivery	Work Placement	Corequisites
Face to face	N/A	DANC-122

Course Objectives:

The main objectives of the course are to:

- Further introduce the basic principles of the Martha Graham technique, building on the fundamentals acquired in Level I.
- Special attention will be given to the aesthetic qualities of the movement vocabulary.
- Focus on musicality will continue, as well as translating floorwork positions to standing and across the floor exercises.

Learning Outcomes:

After completion of the course students are expected to be able to:

1. Continue to define terminology of the primary Graham exercises given in the beginning of the semester.
2. Demonstrate contractions, release (neutral), and spirals in all positions and identify how they are implemented in floor work (bounces, breathing, 3's and 6's, turns round the back, back leg extensions) and standing (turns, jumps, walks, running, leaps).
3. Apply movement principles from the floor work and to standing work.
4. Perform exercises based on simpler sections of Graham repertory.

Course Content:

1. Breathings, Contractions and Release
2. Spirals (Threes and Sixes)
3. Deep Stretches and Pleadings
4. Turns Around the Back

5. Graham plies (with contractions and S arms)
6. Foot work with spirals and contractions
7. Side contractions and Fan kicks
8. Circular Walks with Attitude
9. Rond de Jambe with Contractions
10. Walks and Skips
11. Traveling – Triplets, Running, Leaps
12. Large jumps
13. Simple Graham-based Combinations

Learning Activities and Teaching Methods:

Studio

Assessment Methods:

Attendance and In Class Performance, Practical Midterm Examination, Practical Final Examination

Recommended Textbooks / Readings:

Title	Author(s)	Publisher	Year	ISBN
Onstage with Martha Graham	Hodes, Stuart	University Press of Florida; 1st edition	2021	0813066387